

Pl	Name	Zeit														
<b>BK (Beginner kurz) (20)</b>			<b>2,9 km 60 Hm 8 P</b>													
			1(237)	2(230)	3(202)	4(203)	5(233)	6(204)	7(205)	8(200)	Ziel					
1	Enno Schwarz OLV Potsdam	22:54	1:46	3:34	5:06	7:43	11:39	15:25	18:19	22:28	22:54					
			1:46	1:48	1:32	2:37	3:56	3:46	2:54	4:09	0:26					
2	Beate Dobra SV Bad Döben	26:21	2:47	4:35	6:20	9:00	12:58	17:07	20:43	25:54	26:21	23:54				
			2:47	1:48	1:45	2:40	3:58	4:09	3:36	5:11	0:27	*206				
3	Anton u Dorian D OLV Potsdam	28:20	2:04	4:35	6:44	9:52	14:51	19:28	22:57	27:45	28:20	27:46				
			2:04	2:31	2:09	3:08	4:59	4:37	3:29	4:48	0:35	*200				
4	Alina Hirschmann OLV Potsdam	29:28	2:52	5:07	7:36	10:31	15:15	20:51	24:00	29:04	29:28					
			2:52	2:14	2:29	2:54	4:43	5:36	3:09	5:03	0:24					
5	Aurel Fried OLV Potsdam	33:22	4:48	7:02	9:14	12:53	18:28	23:40	27:10	32:49	33:22					
			4:48	2:14	2:12	3:39	5:35	5:12	3:30	5:39	0:33					
6	Evelyn Stöcker OK Leipzig	34:26	2:54	5:52	8:39	12:11	16:52	23:31	27:44	33:49	34:26					
			2:54	2:57	2:47	3:31	4:41	6:39	4:13	6:04	0:36					
7	Jeannette Molnar Berliner TSC	35:05	2:42	6:00	8:41	12:46	17:57	23:29	27:30	34:28	35:05					
			2:42	3:18	2:41	4:05	5:11	5:32	4:01	6:58	0:37					
8	Emil Heger SV IHW Alex 78 Be	38:16	2:58	6:20	9:25	14:15	21:16	27:20	31:05	37:44	38:16					
			2:58	3:22	3:05	4:50	7:01	6:04	3:45	6:39	0:32					
9	Anja Bretschneider OLV Potsdam	38:55	1:50	4:05	5:55	8:32	21:23	27:06	33:09	38:29	38:55					
			1:50	2:15	1:50	2:37	12:51	5:43	6:03	5:20	0:26					
10	Ivonne Jobst Berliner Turnersch	40:24	2:48	5:43	8:38	13:01	19:02	25:36	30:13	39:08	40:24					
			2:48	2:55	2:55	4:23	6:01	6:34	4:37	8:55	1:16					
11	Erik Brettschneide Kaulsdorfer OLV B	41:01	3:27	6:27	9:28	13:53	19:56	26:11	30:50	39:43	41:01					
			3:27	3:00	3:01	4:25	6:03	6:15	4:39	8:53	1:18					
12	Kamilla Knuth OLV Potsdam	45:04	4:11	7:50	11:16	16:53	23:16	32:14	36:58	44:28	45:04					
			4:11	3:39	3:26	5:37	6:23	8:58	4:44	7:30	0:36					
13	Michael Herms VS Herms	52:07	4:56	9:35	13:41	19:06	26:51	35:12	40:41	50:43	52:07					
			4:56	4:39	4:06	5:25	7:45	8:21	5:29	10:02	1:24					
14	Beate Nietsch TOLF Berlin	56:16	2:47	6:42	10:53	17:08	27:04	36:31	42:57	54:39	56:16					
			2:47	3:55	4:10	6:15	9:55	9:26	6:26	11:41	1:37					
15	Konstanze Gergs Kaulsdorfer OLV B	56:21	12:26	15:54	18:24	22:28	29:11	37:36	43:37	55:12	56:21					
			12:26	3:28	2:30	4:04	6:43	8:25	6:01	11:35	1:09					
16	Luise Knorr OLV Potsdam	56:50	12:06	15:59	20:11	26:10	35:23	42:38	47:57	56:12	56:50					
			12:06	3:53	4:12	5:59	9:13	7:15	5:19	8:15	0:38					
17	Nelio Gergs Kaulsdorfer OLV B	1:04:23	10:18	14:33	18:29	27:49	35:55	45:39	51:48	1:03:16	1:04:23					
			10:18	4:15	3:56	9:20	8:06	9:44	6:09	11:28	1:07					
18	Radek Hauser VS Hauser	1:39:31	4:00	10:17	16:39	29:19	50:07	1:05:03	1:14:05	1:37:24	1:39:31	1:37:27	1:37:27			
			4:00	6:17	6:21	12:40	20:47	14:56	9:02	23:18	2:06	*200	*200			
	Kirsten Käding Kaulsdorfer OLV B	N Ang														
	Anke Bruckhaus VS Bruckhaus	N Ang														
<b>BL (Beginner lang) (5)</b>			<b>5,1 km 110 Hm 12 P</b>													
			1(230)	2(202)	3(229)	4(233)	5(219)	6(218)	7(215)	8(234)	9(205)	10(203)	11(232)	12(200)	Ziel	
1	Mika Mänty VS Mänty	54:29	3:58	5:33	7:46	12:17	18:46	22:50	28:56	37:23	43:07	48:16	52:22	54:04	54:29	
			3:58	1:34	2:13	4:30	6:28	4:04	6:06	8:26	5:43	5:08	4:05	1:42	0:24	
2	Thomas Mache OLV Potsdam	1:08:24	4:24	6:45	9:51	16:53	22:05	26:40	36:48	49:29	52:18	1:00:03	1:05:56	1:07:57	1:08:24	
			4:24	2:21	3:06	7:02	5:12	4:35	10:08	12:41	2:49	7:45	5:53	2:01	0:27	
3	Doro Ahlers OLV Potsdam	1:12:44	4:52	6:45	9:22	15:43	20:05	24:08	31:34	55:42	59:02	1:05:32	1:10:20	1:12:10	1:12:44	
			4:52	1:53	2:37	6:21	4:22	4:03	7:26	24:08	3:20	6:30	4:48	1:50	0:34	
4	Immanuel und Hann VS Fröhlich	1:24:29	5:58	8:04	12:13	20:01	26:18	34:12	45:48	1:00:58	1:05:08	1:14:04	1:21:25	1:24:04	1:24:29	
			5:58	2:06	4:09	7:48	6:17	7:54	11:36	15:10	4:10	8:56	7:21	2:39	0:25	
	Pia Mastrantonio VS Mastrantonio	N Ang														
<b>D10 (Damen bis 10) (4)</b>			<b>2,4 km 60 Hm 7 P</b>													
			1(201)	2(202)	3(203)	4(204)	5(205)	6(206)	7(200)	Ziel						
1	Serafina Quabeck Berliner Turnersch	52:09	6:44	19:53	24:12	31:46	40:37	46:07	51:38	52:09						
			6:44	13:09	4:19	7:34	8:51	5:30	5:31	0:31						
2	Rebecca Vogt Berliner Turnersch	54:25	7:57	18:08	26:23	33:46	42:42	48:16	53:37	54:25						
			7:57	10:11	8:15	7:23	8:56	5:34	5:21	0:48						
3	Alma Vogt Berliner Turnersch	1:05:35	7:43	26:25	35:36	39:29	53:15	57:02	1:04:22	1:05:35	1:04:26					
			7:43	18:42	9:11	3:53	13:46	3:47	7:20	1:13	*200					
	Marla Powik OK Mark Brandenb	N Ang														
<b>D12 (Damen bis 12) (5)</b>			<b>2,9 km 60 Hm 8 P</b>													
			1(201)	2(228)	3(229)	4(203)	5(204)	6(205)	7(206)	8(200)	Ziel					
1	Paula Weiß OK Mark Brandenb	27:43	1:56	7:33	11:27	15:58	18:49	21:33	24:55	27:21	27:43					
			1:56	5:37	3:54	4:31	2:51	2:44	3:22	2:26	0:22					
2	Lene Powik OK Mark Brandenb	41:16	1:47	5:12	20:20	26:45	30:46	34:40	38:09	40:53	41:16					
			1:47	3:25	15:08	6:25	4:01	3:54	3:29	2:44	0:23					
3	Ida Leukert SV IHW Alex 78 Be	57:52	8:17	14:55	23:22	34:10	43:11	49:41	54:08	57:25	57:52					
			8:17	6:37	8:26	10:48	9:00	6:30	4:26	3:16	0:27					
AK	Linda Lange SV IHW Alex 78 Be	Fehlst	22:44	28:50	35:19	42:06	-----	-----	48:45	52:32	53:45	52:34				
	Elina Wandrei ESV Lok Berlin-Sc	N Ang	22:44	6:06	6:29	6:47										
													*200			
<b>D14 (Damen bis 14) (2)</b>			<b>3,5 km 70 Hm 9 P</b>													
			1(230)	2(229)	3(233)	4(226)	5(205)	6(216)	7(217)	8(232)	9(200)	Ziel				
1	Jule Weigert TV Jahn Wolfsburg	43:21	3:32	7:10	11:22	15:32	20:52	28:24	39:22	41:23	42:58	43:21				
			3:32	3:38	4:12	4:10	5:20	7:32	10:58	2:01	1:35	0:23				



Pl	Name	Zeit																
<b>D19L (Damen ab 19 lang) (8)</b>					<b>8,5 km 180 Hm</b>		<b>14 P</b>		<i>(Forts.)</i>									
			1(224) Ziel	2(209)	3(223)	4(227)	5(213)	6(214)	7(215)	8(235)	9(234)	10(225)	11(220)	12(231)	13(217)	14(200)		
7	Ulrike Neitzel Köpenicker SC	2:12:29	3:19 3:19 2:12:29 0:35	9:43 6:24	18:51 9:08	47:08 28:17	51:19 4:11	59:39 8:20	1:05:12 5:33	1:16:55 11:43	1:18:52 1:57	1:42:31 23:39	1:48:38 6:07	2:01:39 13:01	2:06:29 4:50	2:11:54 5:25		
8	Juliane Lenter VS Lenter	2:58:05	3:43 3:43 2:58:05 0:27	24:31 20:48	32:52 8:21	57:45 24:53	1:12:31 14:46	1:45:40 33:09	1:50:32 4:52	2:02:16 11:44	2:05:18 3:02	2:30:36 25:18	2:38:20 7:44	2:50:11 11:51	2:53:45 3:34	2:57:38 3:53		
<b>D35 (Damen ab 35) (6)</b>					<b>6,4 km 90 Hm</b>		<b>12 P</b>											
			1(236)	2(208)	3(209)	4(210)	5(212)	6(215)	7(225)	8(218)	9(231)	10(217)	11(232)	12(200)	Ziel			
1	Juliane Kummerlö OLV Potsdam	1:13:19	6:51 6:51	9:31 2:40	18:45 9:14	23:28 <b>4:43</b>	41:11 17:43	51:46 10:35	54:49 <b>3:03</b>	57:58 3:09	<b>1:06:08</b> <b>8:10</b>	<b>1:09:03</b> <b>2:55</b>	<b>1:11:15</b> 2:12	<b>1:12:47</b> <b>1:32</b>	<b>1:13:19</b> 0:32			
2	Noemi Quabeck Berliner Turnersch	1:14:36	7:04 7:04	8:49 <b>1:44</b>	15:46 <b>6:56</b>	<b>20:48</b> 5:01	39:28 18:40	49:04 9:36	53:47 4:43	57:14 3:26	1:07:41 10:27	1:10:48 3:07	1:12:33 <b>1:44</b>	1:14:10 1:36	1:14:36 <b>0:26</b>			
3	Josephine Ebert TSV Jetzendorf	1:15:09	4:34 4:34	7:45 3:11	<b>15:17</b> 7:32	21:58 6:41	<b>38:49</b> <b>16:51</b>	49:51 11:02	53:23 3:32	57:14 3:51	1:06:46 9:32	1:10:47 4:01	1:12:58 2:11	1:14:42 1:44	1:15:09 0:27			
4	Kathrin Trappe TOLF Berlin	1:15:36	<b>4:19</b> <b>4:19</b>	<b>7:40</b> 3:21	15:24 7:43	21:23 5:58	38:59 17:36	<b>48:07</b> 9:07	<b>52:06</b> 3:59	<b>54:53</b> <b>2:47</b>	1:06:40 11:46	1:10:11 3:31	1:13:21 3:09	1:15:04 1:42	1:15:36 0:32			
5	Kristin Vogel OLV Potsdam	1:16:43	5:29 5:29	8:57 3:28	17:15 8:18	22:59 5:44	41:49 18:50	50:47 <b>8:58</b>	54:48 4:01	58:43 3:55	1:08:58 10:15	1:12:23 3:25	1:14:40 2:17	1:16:14 1:34	1:16:43 0:29			
6	Annette Rubo OLV Potsdam	1:30:31	9:40 9:40	14:14 4:34	22:50 8:36	31:51 9:01	51:28 19:37	1:02:44 11:16	1:06:36 3:52	1:11:31 4:55	1:22:06 10:35	1:25:54 3:48	1:28:00 2:06	1:29:59 1:59	1:30:31 0:32			
<b>D40 (Damen ab 40) (5)</b>					<b>5,8 km 90 Hm</b>		<b>10 P</b>											
			1(236)	2(208)	3(209)	4(223)	5(234)	6(225)	7(218)	8(231)	9(217)	10(200)	Ziel					
1	Friederike Frenzel OK Mark Brandenb	1:04:21	5:11 5:11	7:45 2:34	16:05 8:20	18:06 <b>2:01</b>	33:32 15:26	<b>44:49</b> <b>11:17</b>	<b>48:12</b> 3:23	<b>57:00</b> <b>8:48</b>	<b>1:00:10</b> 3:10	<b>1:03:51</b> 3:41	<b>1:04:21</b> 0:30					
2	Claudia Becker Berliner Turnersch	1:10:27	9:39 9:39	11:46 2:06	17:48 <b>6:02</b>	23:18 5:29	36:53 <b>13:35</b>	50:22 13:28	52:38 <b>2:16</b>	1:04:36 11:58	1:07:11 <b>2:34</b>	1:10:07 <b>2:56</b>	1:10:27 <b>0:20</b>					
3	Diana Chowdhury SV Schorfheide	1:11:07	<b>4:51</b> <b>4:51</b>	<b>6:32</b> <b>1:41</b>	<b>13:44</b> 7:12	<b>16:09</b> 2:25	37:03 20:54	48:46 11:43	52:39 3:53	1:02:55 10:16	1:05:46 2:51	1:10:26 4:40	1:11:07 0:41					
4	Alina Shmakova SV IHW Alex 78 Be	1:25:44	13:51 13:51	15:46 1:55	25:23 9:36	28:37 3:14	48:24 19:47	1:01:41 13:16	1:05:10 3:29	1:17:26 12:16	1:21:02 3:36	1:25:15 4:12	1:25:44 0:29					
5	Aksana Kharitonov SV IHW Alex 78 Be	1:31:57	7:16 7:16	9:02 1:46	16:45 7:43	20:15 3:30	46:29 26:14	1:02:25 15:56	1:06:17 3:52	1:20:56 14:39	1:26:24 5:28	1:31:23 4:59	1:31:57 0:34					
<b>D45 (Damen ab 45) (5)</b>					<b>5,0 km 130 Hm</b>		<b>10 P</b>											
			1(222)	2(210)	3(220)	4(218)	5(215)	6(235)	7(234)	8(216)	9(217)	10(200)	Ziel					
1	Kristin Leukert SV IHW Alex 78 Be	59:28	8:30 8:30	16:14 7:44	23:44 7:30	29:39 5:54	36:05 <b>6:26</b>	43:45 <b>7:40</b>	45:39 <b>1:53</b>	51:07 <b>5:27</b>	<b>55:19</b> <b>4:12</b>	<b>59:03</b> 3:43	<b>59:28</b> 0:25					
2	Anke Winnig SV IHW Alex 78 Be	59:50	<b>3:24</b> <b>3:24</b>	<b>11:47</b> 8:22	<b>19:15</b> <b>7:27</b>	<b>25:08</b> <b>5:53</b>	<b>32:46</b> 7:38	<b>41:09</b> 8:23	<b>43:19</b> 2:09	<b>50:23</b> 7:04	<b>55:58</b> 5:35	<b>59:26</b> <b>3:27</b>	<b>59:50</b> <b>0:24</b>					
3	Sandra Lischewski BSV Halle-Ammend	1:08:21	5:16 5:16	12:57 <b>7:41</b>	22:05 9:08	28:54 6:49	36:37 7:43	45:48 9:11	47:56 2:08	53:54 5:58	1:01:19 7:25	1:07:49 6:30	1:08:21 0:32					
4	Erika Polgar VS Polgar	1:47:28	10:32 10:32	18:46 8:14	33:38 14:52	44:33 10:55	55:50 11:17	1:07:52 12:02	1:10:56 3:04	1:31:11 20:15	1:41:43 10:32	1:46:44 5:01	1:47:28 0:44					
	Sibylle Uhlemann ESV Lok Berlin-Sc	N Ang																
<b>D50 (Damen ab 50) (6)</b>					<b>4,7 km 110 Hm</b>		<b>11 P</b>											
			1(222)	2(211)	3(223)	4(210)	5(220)	6(226)	7(234)	8(216)	9(231)	10(217)	11(200)	Ziel				
1	Katrin Kubald Kaulsdorfer OLV B	44:55	4:15 4:15	<b>8:05</b> <b>3:50</b>	<b>10:11</b> <b>2:05</b>	<b>13:25</b> <b>3:13</b>	<b>20:42</b> <b>7:17</b>	<b>28:48</b> <b>8:05</b>	<b>32:47</b> <b>3:58</b>	<b>36:58</b> <b>4:11</b>	<b>38:33</b> <b>1:35</b>	<b>41:00</b> <b>2:26</b>	<b>44:31</b> <b>3:31</b>	<b>44:55</b> <b>0:23</b>				
2	Anke Templiner Berliner TSC	1:01:55	5:23 5:23	10:49 5:26	13:35 2:46	17:43 4:08	25:03 7:20	36:49 11:46	42:35 5:46	52:31 9:56	54:10 1:39	57:40 3:30	1:01:23 3:43	1:01:55 0:32				
3	Britt Woyde VS Woyde	1:08:38	<b>3:09</b> <b>3:09</b>	13:49 10:40	16:40 2:51	23:41 7:01	33:09 9:28	42:00 8:51	52:28 10:28	58:26 5:58	1:00:25 1:59	1:04:21 3:56	1:08:06 3:45	1:08:38 0:32				
4	Katja Lahm CTG Koblenz	1:32:05	6:17 6:17	13:48 7:31	17:50 4:01	22:27 4:36	40:11 17:44	53:42 13:31	1:00:53 7:10	1:14:24 13:30	1:18:37 4:13	1:25:20 6:42	1:31:18 5:57	1:32:05 0:47				
5	Jacqueline Siebert OLV Potsdam	1:57:34	10:15 10:15	17:31 7:16	21:12 3:41	26:11 4:59	54:54 28:43	1:09:23 14:29	1:29:07 19:44	1:40:20 11:13	1:44:32 4:12	1:51:04 6:32	1:56:55 5:51	1:57:34 0:39				
	Silke Schlüter USC Magdeburg	N Ang																
<b>D55 (Damen ab 55) (6)</b>					<b>4,3 km 100 Hm</b>		<b>10 P</b>											
			1(224)	2(209)	3(223)	4(210)	5(226)	6(235)	7(234)	8(216)	9(217)	10(200)	Ziel					
1	Liisa Rihko-Struck Braunschweiger M	44:00	2:38 2:38	<b>7:39</b> <b>5:00</b>	<b>9:49</b> 2:10	<b>13:02</b> <b>3:13</b>	<b>23:46</b> <b>10:43</b>	<b>28:44</b> 4:58	<b>30:39</b> 1:55	<b>35:26</b> <b>4:46</b>	<b>39:45</b> <b>4:19</b>	<b>43:31</b> <b>3:46</b>	<b>44:00</b> 0:28					
2	Monika Jensch OK Mark Brandenb	48:03	<b>2:30</b> <b>2:30</b>	8:23 5:53	10:32 <b>2:09</b>	14:01 3:29	24:57 10:56	29:47 4:50	31:36 1:49	36:42 5:06	43:14 6:32	47:34 4:20	48:03 0:29					
3	Heidrun Grauman ESV Lok Berlin-Sc	48:48	3:00 3:00	8:10 5:10	11:20 3:10	15:08 3:47	26:38 11:29	31:25 <b>4:47</b>	33:16 1:51	39:09 5:52	44:24 5:15	48:22 3:57	48:48 <b>0:26</b>					
4	Heike Leideck USV TU Dresden	54:51	2:59 2:59	8:40 5:40	11:12 2:32	15:21 4:08	26:56 11:35	31:48 4:51	33:27 <b>1:39</b>	43:58 10:31	49:50 5:51	54:17 4:27	54:51 0:33					
5	Kerstin Ahlburg SV IHW Alex 78 Be	55:33	2:58 2:58	9:14 6:16	12:21 3:06	16:04 3:42	29:39 13:35	34:58 5:19	36:39 1:40	43:01 6:22	50:37 7:35	54:58 4:21	55:33 0:34					
6	Birgit Buhler USV TU Dresden	56:40	3:00 3:00	9:33 6:32	13:09 3:35	17:23 4:14	31:59 14:36	37:27 5:27	39:09 1:42	45:07 5:57	51:55 6:47	56:09 4:14	56:40 0:30					



Pl	Name	Zeit												Ziel		
<b>H16 (Herren bis 16) (5)</b>			<b>6,4 km 90 Hm</b>			<b>12 P</b>		<i>(Forts.)</i>								
			1(236)	2(208)	3(209)	4(210)	5(212)	6(215)	7(225)	8(218)	9(231)	10(217)	11(232)	12(200)	Ziel	
OK Mark Brandenb																
<b>H18 (Herren bis 18) (2)</b>			<b>9,4 km 190 Hm</b>			<b>20 P</b>										
			1(207)	2(208)	3(209)	4(223)	5(210)	6(221)	7(212)	8(213)	9(215)	10(225)	11(226)	12(227)	13(214)	14(215)
			15(235)	16(234)	17(204)	18(231)	19(217)	20(200)	Ziel							
1	Jonas Lange SV IHW Alex 78 Be	1:14:05	2:04	4:19	10:52	12:13	14:53	18:00	30:43	33:30	39:48	42:19	45:18	51:12	54:48	57:41
			2:04	2:14	6:32	1:21	2:39	3:06	12:43	2:46	6:18	2:30	2:59	5:53	3:36	2:52
			1:02:51	1:03:55	1:07:29	1:09:13	1:11:05	1:13:46	1:14:05							
			5:10	1:04	3:33	1:43	1:52	2:40	0:19							
2	Johannes Otto ESV Lok Magdebur	1:30:43	2:57	6:36	11:09	12:52	15:22	21:13	38:36	41:24	48:18	50:56	55:00	1:03:21	1:08:03	1:11:02
			2:57	3:38	4:33	1:42	2:30	5:50	17:22	2:47	6:54	2:37	4:04	8:20	4:42	2:58
			1:18:12	1:19:13	1:23:22	1:25:35	1:27:59	1:30:20	1:30:43							
			7:09	1:01	4:08	2:13	2:24	2:20	0:23							
<b>H19K (Herren ab 19 kurz) (13)</b>			<b>7,1 km 100 Hm</b>			<b>14 P</b>										
			1(228)	2(209)	3(210)	4(212)	5(227)	6(213)	7(214)	8(215)	9(225)	10(226)	11(221)	12(222)	13(232)	14(200)
			Ziel													
1	Anatoly Zelenin USV TU Dresden	49:58	3:18	4:49	7:53	20:56	22:14	23:31	28:31	31:06	33:34	36:20	41:08	46:44	48:43	49:38
			3:18	1:31	3:04	13:02	1:18	1:17	5:00	2:34	2:28	2:45	4:48	5:36	1:58	0:55
			49:58													
			0:19													
2	Robin Zschäckel SV IHW Alex 78 Be	55:50	3:28	5:19	8:52	22:34	24:17	25:53	30:26	33:59	36:42	40:03	46:34	52:41	54:27	55:33
			3:28	1:51	3:33	13:42	1:43	1:36	4:33	3:33	2:43	3:21	6:31	6:07	1:46	1:06
			55:50													
			0:17													
3	Oskar Frenzel OK Mark Brandenb	58:47	3:58	5:44	8:45	22:25	24:06	25:57	30:04	34:24	37:10	41:27	47:15	54:20	57:24	58:27
			3:58	1:46	3:01	13:40	1:41	1:51	4:07	4:20	2:46	4:17	5:48	7:05	3:04	1:03
			58:47													
			0:20													
4	Sascha Boeck Kaulsdorfer OLV B	1:01:35	3:14	5:27	9:44	23:35	25:28	27:15	33:21	36:53	39:20	43:19	49:25	56:30	1:00:09	1:01:14
			3:14	2:13	4:16	13:51	1:52	1:47	6:06	3:32	2:26	3:58	6:06	7:05	3:38	1:05
			1:01:35													
			0:20													
5	Roland Knorr OLV Potsdam	1:07:48	4:36	7:10	10:55	25:02	27:08	28:59	33:34	38:55	41:50	45:31	53:44	1:01:51	1:06:08	1:07:20
			4:36	2:34	3:44	14:06	2:05	1:50	4:35	5:20	2:55	3:41	8:13	8:07	4:16	1:12
			1:07:48													
			0:27													
6	Carl W. Distler Berliner Turnersch	1:10:05	3:50	5:58	10:22	25:28	27:34	29:25	34:57	38:47	41:46	46:53	55:33	1:03:57	1:07:58	1:09:36
			3:50	2:08	4:24	15:06	2:06	1:51	5:32	3:50	2:59	5:07	8:40	8:24	4:01	1:38
			1:10:05													
			0:29													
7	Michael Nietsch TOLF Berlin	1:19:00	4:32	9:06	13:27	31:02	33:46	35:35	41:52	48:55	52:24	57:49	1:06:01	1:13:42	1:16:52	1:18:28
			4:32	4:33	4:21	17:35	2:44	1:48	6:16	7:03	3:29	5:24	8:11	7:40	3:10	1:36
			1:19:00													
			0:31													
8	Erwin Schramm Kaulsdorfer OLV B	1:21:42	4:53	6:54	11:45	28:04	31:15	33:58	41:42	46:17	49:28	54:04	1:01:32	1:16:31	1:19:44	1:21:11
			4:53	2:01	4:51	16:19	3:11	2:43	7:44	4:35	3:11	4:36	7:28	14:59	3:13	1:27
			1:21:42													
			0:31													
9	Max Brettschneide Kaulsdorfer OLV B	1:39:14	6:16	9:18	15:20	36:54	39:41	41:59	50:56	55:52	1:00:26	1:05:51	1:16:18	1:32:25	1:36:24	1:38:34
			6:16	3:02	6:02	21:33	2:47	2:18	8:56	4:56	4:33	5:24	10:27	16:06	3:59	2:10
			1:39:14													
			0:39													
10	Slim Tabka VS Tabka	2:17:05	5:51	16:38	25:36	53:01	55:55	58:49	1:11:47	1:18:29	1:23:20	1:29:25	1:41:01	2:08:14	2:14:43	2:16:25
			5:51	10:47	8:58	27:25	2:54	2:54	12:58	6:42	4:51	6:05	11:36	27:13	6:29	1:42
			2:17:05													
			0:40													
	Thomas Kuckert VS Kuckert	Aufg	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
	Aurelien Filiali Berliner TSC	Aufg	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
	Sven Wandrei ESV Lok Berlin-Sc	N Ang														
<b>H19L (Herren ab 19 lang) (14)</b>			<b>12,0 km 220 Hm</b>			<b>24 P</b>										
			1(207)	2(208)	3(209)	4(211)	5(210)	6(212)	7(213)	8(215)	9(225)	10(226)	11(227)	12(214)	13(215)	14(235)
			15(234)	16(216)	17(217)	18(218)	19(219)	20(220)	21(221)	22(222)	23(232)	24(200)	Ziel			
1	Arne Kapischke OK Mark Brandenb	1:24:58	2:00	3:39	7:24	8:17	11:03	22:44	24:57	30:23	32:59	35:44	43:41	47:12	49:57	55:30
			2:00	1:39	3:45	0:53	2:46	11:41	2:13	5:26	2:36	2:45	7:57	3:31	2:45	5:33
			56:31	59:28	1:02:03	1:10:00	1:11:26	1:12:03	1:16:30	1:21:47	1:23:38	1:24:43	1:24:58			
			1:01	2:57	2:35	7:57	1:26	0:37	4:27	5:17	1:51	1:05	0:15			
2	Henning Kapischk OK Mark Brandenb	1:27:32	2:00	3:15	6:51	7:41	10:25	22:47	25:16	31:09	33:41	36:41	42:11	45:54	49:06	54:38
			2:00	1:15	3:35	0:49	2:44	12:22	2:28	5:52	2:32	2:59	5:30	3:43	3:11	5:32
			55:52	59:19	1:04:33	1:11:48	1:13:08	1:13:46	1:18:21	1:23:41	1:26:10	1:27:14	1:27:32			
			1:13	3:26	5:14	7:15	1:19	0:37	4:35	5:19	2:28	1:04	0:17			
3	Raik Zschäckel SV IHW Alex 78 Be	1:27:40	3:04	4:31	8:18	10:10	12:26	23:33	26:13	32:16	34:40	37:30	43:19	47:31	50:39	55:38
			3:04	1:26	3:47	1:51	2:16	11:07	2:39	6:02	2:24	2:49	5:49	4:12	3:08	4:58
			56:45	1:00:21	1:03:10	1:11:00	1:12:25	1:13:06	1:17:53	1:24:03	1:26:12	1:27:18	1:27:40			
			1:06	3:35	2:49	7:50	1:25	0:40	4:47	6:09	2:09	1:05	0:22			

Pl	Name	Zeit														
<b>H19L (Herren ab 19 lang) (14)</b>			<b>12,0 km 220 Hm</b>				<b>24 P</b>				<b>(Forts.)</b>					
			1(207)	2(208)	3(209)	4(211)	5(210)	6(212)	7(213)	8(215)	9(225)	10(226)	11(227)	12(214)	13(215)	14(235)
			15(234)	16(216)	17(217)	18(218)	19(219)	20(220)	21(221)	22(222)	23(232)	24(200)	Ziel			
4	Denis Müller SV IHW Alex 78 Be	1:28:13	2:05	4:31	8:41	9:36	12:19	23:14	25:51	31:41	34:13	37:07	43:50	47:41	50:35	55:39
			2:05	2:26	4:10	0:55	2:43	<b>10:54</b>	2:37	5:49	2:31	2:54	6:42	3:50	2:54	5:04
			56:48	1:00:05	1:03:08	<b>1:09:59</b>	<b>1:11:25</b>	1:12:24	1:17:27	1:23:01	1:26:49	1:27:53	1:28:13			
			1:08	3:16	3:03	<b>6:51</b>	1:25	0:58	5:03	5:33	3:47	<b>1:03</b>	0:20			
5	Sebastian Fleiß Berliner Turnersch	1:41:56	2:01	3:37	8:39	9:48	13:04	25:48	29:01	36:13	38:40	42:09	49:44	54:41	59:15	1:05:11
			2:01	1:35	5:01	1:08	3:16	12:43	3:13	7:12	2:26	3:28	7:34	4:57	4:34	5:55
			1:06:28	1:09:50	1:13:32	1:21:55	1:23:28	1:24:08	1:31:15	1:37:39	1:40:22	1:41:32	1:41:56			
			1:17	3:21	3:42	8:22	1:33	0:40	7:06	6:24	2:43	1:09	0:23			
6	Jan Kaminsky BSV Halle-Ammend	1:43:32	3:07	6:54	11:59	13:48	16:50	29:38	32:38	39:05	41:48	45:20	52:35	57:09	1:00:33	1:07:18
			3:07	3:47	5:04	1:49	3:01	12:48	3:00	6:26	2:42	3:31	7:15	4:34	3:24	6:44
			1:08:37	1:12:40	1:16:46	1:24:39	1:26:56	1:27:53	1:33:24	1:39:32	1:41:52	1:43:07	1:43:32			
			1:19	4:02	4:06	7:53	2:16	0:56	5:31	6:07	2:20	1:15	0:24			
7	Thorsten Weigert TV Jahn Wolfsburg	1:47:50	2:22	4:06	8:11	9:24	12:33	26:32	29:12	35:24	38:06	42:15	50:58	54:45	57:50	1:04:37
			2:22	1:44	4:05	1:12	3:09	13:58	2:39	6:11	2:42	4:08	8:42	3:47	3:04	6:47
			1:05:55	1:10:01	1:13:24	1:20:47	1:22:29	1:23:17	1:30:33	1:39:43	1:46:16	1:47:25	1:47:50			
			1:17	4:06	3:22	7:23	1:42	0:47	7:16	9:09	6:33	1:08	0:24			
8	Bodo Graumann ESV Lok Berlin-Sc	1:52:55	3:01	5:16	11:17	12:23	16:30	30:46	34:02	41:37	44:25	49:01	57:05	1:02:30	1:06:48	1:12:40
			3:01	2:15	6:00	1:06	4:06	14:16	3:15	7:34	2:48	4:35	8:03	5:25	4:17	5:51
			1:13:57	1:17:32	1:21:18	1:30:56	1:32:34	1:33:50	1:40:31	1:48:27	1:51:17	1:52:30	1:52:55			
			1:16	3:34	3:45	9:38	1:38	1:16	6:40	7:55	2:49	1:13	0:24			
9	Lutz Spranger TSV Karlshorst	1:53:13	2:35	4:30	8:52	9:55	13:01	28:34	31:48	39:21	41:49	45:52	53:18	58:31	1:02:08	1:08:23
			2:35	1:55	4:22	1:03	3:06	15:33	3:14	7:33	2:28	4:03	7:26	5:13	3:37	6:15
			1:10:42	1:14:33	1:19:25	1:29:30	1:31:07	1:32:03	1:38:43	1:47:49	1:51:10	1:52:34	1:53:13			
			2:19	3:51	4:52	10:05	1:37	0:56	6:40	9:06	3:21	1:24	0:39			*200
10	Will Bell VS Bell	1:55:50	3:07	6:35	11:00	17:34	23:39	36:11	39:17	45:30	48:13	52:11	59:13	1:03:43	1:07:02	1:13:37
			3:07	3:27	4:25	6:34	6:04	12:32	3:05	6:12	2:43	3:57	7:01	4:30	3:19	6:34
			1:15:01	1:18:23	1:23:39	1:33:31	1:35:14	1:36:21	1:44:21	1:51:35	1:54:12	1:55:27	1:55:50			
			1:24	3:21	5:16	9:51	1:43	1:06	8:00	7:13	2:37	1:14	0:22			
11	Leo Graumann ESV Lok Berlin-Sc	1:59:17	2:12	6:12	10:55	11:51	14:56	28:58	32:26	40:30	43:23	47:25	54:50	1:00:28	1:04:44	1:11:41
			2:12	3:59	4:43	0:56	3:05	14:01	3:28	8:04	2:52	4:01	7:25	5:38	4:15	6:57
			1:13:52	1:18:34	1:24:08	1:34:52	1:36:58	1:38:23	1:45:49	1:54:35	1:57:32	1:58:50	1:59:17			
			2:10	4:42	5:33	10:43	2:06	1:25	7:25	8:45	2:57	1:18	0:26			
12	Uwe Röhner SV IHW Alex 78 Be	2:01:30	2:49	4:44	10:58	12:23	15:56	30:05	33:44	41:43	44:57	49:25	59:22	1:05:23	1:10:30	1:17:16
			2:49	1:54	6:14	1:25	3:32	14:09	3:38	7:59	3:14	4:27	9:56	6:01	5:06	6:46
			1:18:52	1:23:18	1:27:43	1:37:38	1:39:26	1:40:22	1:48:24	1:56:35	1:59:36	2:01:01	2:01:30			
			1:35	4:25	4:25	9:54	1:47	0:56	8:01	8:11	3:00	1:25	0:29			
13	Michael Großmann Betriebssportgeme	2:05:39	4:14	6:54	11:30	12:48	16:07	31:57	37:00	45:05	47:48	51:20	58:58	1:04:04	1:07:53	1:16:37
			4:14	2:40	4:36	1:18	3:19	15:50	5:03	8:05	2:43	3:32	7:38	5:06	3:49	8:44
			1:18:03	1:23:08	1:31:49	1:40:15	1:42:55	1:44:05	1:51:21	2:00:40	2:03:58	2:05:15	2:05:39			
			1:26	5:05	8:41	8:26	2:40	1:10	7:16	9:19	3:18	1:17	0:24			*203
14	Tobias Knaack OK Mark Brandenb	2:41:51	4:54	8:01	15:56	17:53	23:10	40:02	43:37	51:43	55:25	1:00:28	1:12:25	1:18:45	1:23:49	1:34:07
			4:54	3:07	7:55	1:57	5:17	16:52	3:35	8:06	3:42	5:03	11:57	6:20	5:04	10:18
			1:35:29	1:42:57	1:49:15	2:02:04	2:05:12	2:06:35	2:14:43	2:36:24	2:39:28	2:41:18	2:41:51			
			1:22	7:28	6:18	12:49	3:08	1:23	8:08	21:41	3:04	1:50	0:33			
<b>H35 (Herren ab 35) (10)</b>			<b>9,4 km 190 Hm</b>				<b>20 P</b>									
			1(207)	2(208)	3(209)	4(223)	5(210)	6(221)	7(212)	8(213)	9(215)	10(225)	11(226)	12(227)	13(214)	14(215)
			15(235)	16(234)	17(204)	18(231)	19(217)	20(200)	Ziel							
1	Jens Struckmann Braunschweiger M	1:16:39	2:50	4:26	9:00	10:27	12:54	15:45	27:25	31:44	38:26	41:02	44:38	50:46	55:05	58:30
			2:50	1:35	4:33	<b>1:27</b>	2:26	2:51	11:39	4:19	<b>6:41</b>	2:35	3:36	<b>6:08</b>	<b>4:19</b>	3:24
			1:04:40	1:05:51	1:09:48	1:12:02	1:13:59	1:16:16	1:16:39							
			6:10	1:10	3:56	2:14	1:57	2:16	0:23							
2	Matthias Schwartz Berliner Turnersch	1:19:10	2:31	4:24	8:06	10:12	12:19	15:44	26:11	28:55	41:14	43:35	46:41	53:53	59:12	1:02:25
			2:31	1:52	<b>3:41</b>	2:06	<b>2:07</b>	3:25	<b>10:26</b>	2:43	12:19	<b>2:20</b>	<b>3:05</b>	7:11	5:19	3:13
			1:08:36	1:09:44	1:13:06	1:14:54	1:16:46	1:18:53	1:19:10							
			6:10	<b>1:08</b>	<b>3:21</b>	<b>1:47</b>	<b>1:52</b>	<b>2:06</b>	<b>0:17</b>							
3	Udo Lange SV IHW Alex 78 Be	1:19:22	4:11	5:44	9:37	12:19	14:36	16:56	28:34	30:55	38:21	40:46	44:35	52:07	56:37	59:40
			4:11	<b>1:33</b>	3:53	2:42	2:17	<b>2:20</b>	11:38	<b>2:21</b>	7:26	2:25	3:49	7:32	4:30	3:03
			1:05:41	1:07:11	1:10:53	1:12:48	1:15:49	1:18:53	1:19:22							
			<b>6:01</b>	1:30	3:42	1:55	3:01	3:04	0:29							
4	Tamas Sziladi ESV Lok Berlin-Sc	1:25:28	2:43	4:48	9:22	10:55	13:22	16:15	29:14	32:12	40:21	43:06	47:24	55:03	1:00:11	1:04:17
			2:43	2:05	4:34	1:33	2:27	2:53	12:59	2:58	8:09	2:45	4:18	7:39	5:08	4:06
			1:10:46	1:12:29	1:17:02	1:19:18	1:21:43	1:24:55	1:25:28							
			6:29	1:43	4:33	2:16	2:25	3:12	0:33							
5	Falk Wenzel USV TU Dresden	1:26:23	2:30	4:23	10:17	12:03	16:16	19:17	29:52	32:35	41:30	44:10	47:34	56:25	1:01:19	1:04:21
			2:30	1:52	5:53	1:46	4:13	3:00	10:35	2:43	8:54	2:39	3:24	8:51	4:54	<b>3:01</b>
			1:11:19	1:12:49	1:17:12	1:19:41	1:22:38	1:25:57	1:26:23							
			6:58	1:29	4:23	2:29	2:57	3:18	0:25							
6	Tobias Keil VS Keil	1:38:13	4:28	6:22	11:37	13:49	17:33	21:36	38:03	41:07	49:08	52:15	56:03	1:03:46	1:09:49	1:16:20
			4:28	1:54	5:15	2:12	3:44	4:03	16:27	3:04	8:01	3:07	3:48	7:43	6:03	6:31
			1:23:16	1:24:36	1:29:											



Pl	Name	Zeit														
<b>H50 (Herren ab 50) (16)</b>			<b>7,1 km 100 Hm 14 P (Forts.)</b>													
			1(228) Ziel	2(209)	3(210)	4(212)	5(227)	6(213)	7(214)	8(215)	9(225)	10(226)	11(221)	12(222)	13(232)	14(200)
6	Raimondas Olisau Berliner TSC	1:08:22	3:25 3:25 1:08:22 0:25	7:15 3:50	10:46 3:31	25:02 14:15	27:15 2:13	29:13 1:57	34:59 5:46	40:30 5:30	43:02 2:32	47:25 4:22	54:19 6:54	1:03:44 9:24	1:06:40 2:56	1:07:57 1:16
7	Holger Ehms SG LVB Leipzig	1:12:34	4:23 4:23 1:12:34 0:25	6:37 2:13	10:35 3:57	26:59 16:24	28:42 1:42	30:17 1:34	36:19 6:02	43:01 6:41	46:28 3:27	50:52 4:23	58:41 7:49	1:08:26 9:45	1:10:51 2:24	1:12:08 1:17
8	Henry Jahn SV Bad Dübren	1:15:35	4:23 4:23 1:15:35 0:25	6:54 2:31	12:07 5:13	30:24 18:17	32:27 2:03	34:10 1:43	40:58 6:48	46:06 5:08	49:51 3:45	54:52 5:01	1:02:08 7:16	1:10:36 8:28	1:13:35 2:59	1:15:10 1:35
9	Christian Kehlmai Post SV Dresden	1:15:56	3:48 3:48 1:15:56 0:24	6:02 2:14	15:23 9:21	30:32 15:09	32:35 2:03	34:07 1:32	40:09 6:02	44:59 4:50	48:01 3:02	52:09 4:08	58:06 5:57	1:11:35 13:29	1:14:03 2:28	1:15:32 1:29
10	Matthias Forberg SV IHW Alex 78 Be	1:17:22	4:53 4:53 1:17:22 0:19	7:39 2:46	13:59 6:19	29:57 15:58	31:59 2:02	34:25 2:25	41:16 6:50	46:38 5:22	49:19 2:41	53:19 3:59	1:01:00 7:40	1:12:40 11:40	1:16:00 3:20	1:17:03 1:03
11	David Knuth OLV Potsdam	1:25:02	10:13 10:13 1:25:02 0:27	12:48 2:35	17:30 4:42	34:19 16:49	37:35 3:16	40:13 2:38	46:53 6:40	51:22 4:29	54:58 3:36	59:50 4:52	1:07:48 7:58	1:17:23 9:35	1:22:15 4:52	1:24:35 2:20
12	Günter Karsten Stö OK Leipzig	1:26:26	5:00 5:00 1:26:26 0:30	9:23 4:23	14:26 5:02	34:03 19:37	37:12 3:08	40:20 3:08	48:33 8:12	53:27 4:53	56:41 3:14	1:02:02 5:21	1:09:58 7:55	1:20:41 10:42	1:24:17 3:36	1:25:56 1:38
13	Stefan Röhl OLF Mainz	1:29:20	4:13 4:13 1:29:20 0:26	6:35 2:22	10:47 4:11	28:21 17:34	30:40 2:19	33:20 2:39	40:00 6:40	48:32 8:31	52:04 3:32	58:08 6:03	1:10:18 12:09	1:23:04 12:46	1:27:00 3:55	1:28:53 1:53
14	Andreas Neitzel Köpenicker SC	1:43:06	6:24 6:24 1:43:06 0:44	9:58 3:34	17:59 8:00	37:51 19:52	42:13 4:22	45:07 2:53	53:10 8:02	59:51 6:41	1:04:32 4:41	1:11:30 6:57	1:23:26 11:56	1:34:34 11:07	1:40:06 5:32	1:42:21 2:15
15	Bernd Sünnewol VS Sünnewold	2:10:25	8:10 8:10 2:10:25 1:10	10:44 2:34	15:15 4:31	33:43 18:28	35:40 1:57	37:32 1:52	48:10 10:38	1:12:16 24:06	1:15:20 3:04	1:20:19 4:59	1:29:40 9:21	1:55:35 25:55	2:07:17 11:42	2:09:15 1:58
	Frank Braatz SV IHW Alex 78 Be	N Ang														
<b>H55 (Herren ab 55) (11)</b>			<b>6,4 km 90 Hm 12 P</b>													
			1(236)	2(208)	3(209)	4(210)	5(212)	6(215)	7(225)	8(218)	9(231)	10(217)	11(232)	12(200)	Ziel	
1	Sven Demmig Kaulsdorfer OLV B	51:20	3:17 3:17 51:20 3:17	5:02 1:44	9:46 4:43	13:06 3:19	26:48 13:42	34:08 7:19	36:47 2:39	38:54 2:06	45:59 7:05	48:29 2:29	49:52 1:23	51:00 1:07	51:20 0:20	
2	Gerhard Brettschn Kaulsdorfer OLV B	51:31	3:17 3:17 51:31 3:17	4:33 1:16	9:40 5:06	13:42 4:02	28:15 14:33	34:49 6:34	37:32 2:43	39:40 2:07	46:24 6:43	48:31 2:07	49:53 1:21	51:06 1:13	51:31 0:25	
3	Bernd Käding Kaulsdorfer OLV B	1:01:43	4:20 4:20 1:01:43 4:20	8:17 3:57	13:20 5:03	18:37 5:17	33:56 15:19	41:05 7:09	43:50 2:45	46:04 2:14	54:54 8:50	58:23 3:29	1:00:01 1:38	1:01:19 1:18	1:01:43 0:24	
4	Burkhard Otto ESV Lok Magdebur	1:02:13	3:39 3:39 1:02:13 3:39	5:31 1:51	12:05 6:34	16:45 4:39	32:26 15:40	41:07 8:41	44:57 3:50	47:41 2:43	56:01 8:20	58:24 2:22	1:00:14 1:50	1:01:48 1:33	1:02:13 0:25	
5	Jürgen Kohler USC Magdeburg	1:08:06	5:51 5:51 1:08:06 5:51	7:32 1:41	12:46 5:14	17:19 4:33	39:05 21:46	46:39 7:34	49:51 3:12	52:41 2:50	1:01:42 9:01	1:04:21 2:39	1:06:18 1:57	1:07:40 1:22	1:08:06 0:26	
6	Uwe Böhning USC Magdeburg	1:10:09	6:23 6:23 1:10:09 6:23	7:59 1:35	14:55 6:56	19:28 4:32	37:51 18:23	46:39 8:48	49:53 3:13	53:48 3:55	1:03:36 9:47	1:06:19 2:43	1:08:06 1:46	1:09:40 1:33	1:10:09 0:29	
7	Lutz Wohlrabe ESV Lok Berlin-Sc	1:10:49	4:28 4:28 1:10:49 4:28	8:27 3:59	16:16 7:48	21:17 5:01	43:49 22:31	51:46 7:57	54:50 3:03	57:49 2:59	1:05:36 7:46	1:07:43 2:07	1:09:16 1:33	1:10:32 1:15	1:10:49 0:17	
8	Rainer Ahlburg SV IHW Alex 78 Be	1:15:32	5:17 5:17 1:15:32 5:17	8:40 3:22	15:59 7:18	23:10 7:10	40:44 17:34	50:13 9:29	53:49 3:35	57:50 4:00	1:06:52 9:02	1:11:26 4:34	1:13:27 2:00	1:15:03 1:36	1:15:32 0:29	
9	Kai Dalüge SV IHW Alex 78 Be	1:16:35	7:09 7:09 1:16:35 7:09	8:32 1:23	16:18 7:46	21:21 5:03	40:41 19:20	50:54 10:13	55:18 4:24	58:21 3:03	1:09:01 10:40	1:12:40 3:39	1:14:27 1:47	1:14:27 1:34	1:16:01 0:34	
10	Michael Neidhardt ESV Lok Berlin-Sc	1:16:44	5:24 5:24 1:16:44 5:24	8:21 2:56	15:48 7:26	21:50 6:02	40:28 18:38	50:33 10:04	54:22 3:49	58:19 3:57	1:09:19 11:00	1:12:56 3:36	1:14:50 1:53	1:16:22 1:32	1:16:44 0:22	
	Andreas Kapischke OK Mark Brandenb	N Ang														
<b>H60 (Herren ab 60) (2)</b>			<b>5,8 km 90 Hm 10 P</b>													
			1(236)	2(208)	3(209)	4(223)	5(234)	6(225)	7(218)	8(231)	9(217)	10(200)	Ziel			
1	Uwe Jürgens SV IHW Alex 78 Be	56:55	4:15 4:15 56:55 4:15	6:02 1:47	12:26 6:24	14:23 1:58	28:46 14:22	38:45 9:59	41:25 2:40	50:02 8:37	52:35 2:33	56:27 3:52	56:55 0:28			
2	Bernd Graumann ESV Lok Berlin-Sc	1:04:49	10:05 10:05 1:04:49 10:05	11:02 0:57	17:31 6:29	19:20 1:48	37:39 18:18	47:11 9:31	49:59 2:48	57:28 7:28	1:00:35 3:07	1:04:22 3:46	1:04:49 0:27			
<b>H65 (Herren ab 65) (7)</b>			<b>5,0 km 130 Hm 10 P</b>													
			1(222)	2(210)	3(220)	4(218)	5(215)	6(235)	7(234)	8(216)	9(217)	10(200)	Ziel			
1	Michael Frenzel ESV Lok Berlin-Sc	1:03:37	3:34 3:34 1:03:37 3:34	10:06 6:31	18:23 8:16	24:19 5:56	31:07 6:47	46:07 14:59	47:45 1:38	54:02 6:17	59:12 5:10	1:03:09 3:56	1:03:37 0:28			
2	Hans-Peter Blome Berliner TSC	1:04:52	4:31 4:31 1:04:52 4:31	12:26 7:55	21:44 9:18	28:45 7:01	36:36 7:51	45:43 9:07	47:41 1:58	53:51 6:10	59:37 5:46	1:04:20 4:43	1:04:52 0:32			



Pl	Name	Zeit											
<b>H65 (Herren ab 65) (7)</b>			<b>5,0 km 130 Hm 10 P (Forts.)</b>										
			1(222)	2(210)	3(220)	4(218)	5(215)	6(235)	7(234)	8(216)	9(217)	10(200)	Ziel
3	Burkhard Jandrig	1:07:44	2:56	9:21	17:21	23:02	32:34	43:31	45:50	59:12	1:03:57	1:07:16	1:07:44
	SV IHW Alex 78 Be		2:56	6:25	8:00	5:41	9:32	10:57	2:19	13:22	4:45	3:19	0:28
4	Manfred Knörgen	1:25:20	8:21	16:46	29:00	36:12	43:51	1:05:31	1:07:32	1:14:06	1:20:17	1:24:40	1:25:20
	HSG Merseburg		8:21	8:25	12:14	7:12	7:39	21:40	2:01	6:34	6:11	4:23	0:40
5	Gerhard Bader	1:27:44	6:34	13:43	25:11	37:27	45:01	56:39	58:35	1:08:02	1:22:37	1:26:57	1:27:44
	ESV Lok Magdebur		6:34	7:09	11:28	12:16	7:34	11:38	1:56	9:27	14:35	4:20	0:47
6	Matthias Wauer	1:33:30	15:09	24:51	36:41	44:33	54:55	1:07:24	1:09:24	1:22:02	1:28:04	1:33:00	1:33:30
	OLV Potsdam		15:09	9:42	11:50	7:52	10:22	12:29	2:00	12:38	6:02	4:56	0:30
	Norbert Kuckert	Aufg	----	----	----	----	----	----	----	----	----	----	
	OLV Potsdam												
<b>H70 (Herren ab 70) (2)</b>			<b>4,3 km 100 Hm 10 P</b>										
			1(224)	2(209)	3(223)	4(210)	5(226)	6(235)	7(234)	8(216)	9(217)	10(200)	Ziel
1	Christian Kremer	51:56	3:02	8:44	11:34	15:22	26:14	31:10	33:24	40:51	46:54	51:27	51:56
	ESV Lok Berlin-Sc		3:02	5:42	2:50	3:48	10:52	4:56	2:14	7:27	6:03	4:33	0:29
2	Bernd Wollenberg	1:11:10	4:00	10:42	14:04	18:39	33:19	42:22	44:46	52:54	1:04:50	1:10:32	1:11:10
	SV Schorfheide		4:00	6:42	3:22	4:35	14:40	9:03	2:24	8:08	11:56	5:42	0:38
<b>H75 (Herren ab 75) (4)</b>			<b>3,9 km 85 Hm 9 P</b>										
			1(230)	2(211)	3(223)	4(210)	5(226)	6(216)	7(231)	8(217)	9(200)	Ziel	
1	Hans Güth	51:30	4:01	8:20	11:47	15:45	30:30	39:30	41:48	45:58	50:55	51:30	
	OLV Potsdam		4:01	4:19	3:26	3:57	14:44	9:00	2:17	4:10	4:56	0:35	
2	Walter Ohk	59:35	4:39	10:30	14:54	22:02	37:06	47:29	51:36	54:56	59:02	59:35	
	USC Magdeburg		4:39	5:51	4:24	7:08	15:04	10:23	4:07	3:20	4:06	0:33	
3	Rainer Müller	1:47:13	9:27	16:51	22:56	32:38	1:00:09	1:22:50	1:27:53	1:35:10	1:46:01	1:47:13	
	USV TU Dresden		9:27	7:24	6:05	9:42	27:31	22:41	5:03	7:17	10:51	1:12	
	Rolf Thiel	Aufg	----	----	----	----	----	----	----	----	----		
	SV IHW Alex 78 Be												
<b>H80 (Herren ab 80) (3)</b>			<b>3,3 km 60 Hm 9 P</b>										
			1(222)	2(209)	3(210)	4(221)	5(204)	6(231)	7(217)	8(232)	9(200)	Ziel	
1	Peter Wichmann	47:47	4:05	12:04	18:05	25:41	35:03	38:30	42:39	45:15	47:07	47:47	
	USC Magdeburg		4:05	7:59	6:01	7:36	9:22	3:27	4:09	2:36	1:52	0:40	
2	Yves Baujard	1:30:17	5:28	20:55	32:18	54:05	1:08:18	1:14:29	1:22:23	1:26:01	1:29:26	1:30:17	
	SV IHW Alex 78 Be		5:28	15:27	11:23	21:47	14:13	6:11	7:54	3:38	3:25	0:51	
3	Bernd Walter	2:02:49	8:00	22:54	37:34	55:24	1:27:14	1:36:20	1:49:31	1:55:48	2:01:06	2:02:49	
	SV IHW Alex 78 Be		8:00	14:54	14:40	17:50	31:50	9:06	13:11	6:17	5:18	1:43	

54:55  
\*234