

Pl	tnr	Name	Zeit	2,9 km 40 Hm				8 P									
				1(221)	2(229)	3(232)	4(235)	5(234)	6(223)	7(227)	8(200)	Ziel					
<b>BK (Beginner kurz) (27)</b>																	
1		Andrea Naß	34:17	3:23	10:27	12:53	20:13	22:31	<b>27:48</b>	<b>32:38</b>	<b>33:54</b>	<b>34:17</b>					
		Berliner Turnerscha		3:23	7:04	<b>2:26</b>	7:20	2:18	<b>5:17</b>	<b>4:50</b>	1:16	0:23					
2		Beate Dobra	35:35	<b>2:12</b>	9:29	<b>12:18</b>	19:47	<b>22:00</b>	28:27	33:54	35:04	35:35					
		SV Bad Dübén		<b>2:12</b>	7:17	2:49	7:29	<b>2:13</b>	6:27	5:27	1:10	0:31					
3		Anna Dost	37:43	2:58	10:22	14:01	20:23	23:04	30:34	35:26	37:15	37:43					
		OLV Potsdam		2:58	7:24	3:39	<b>6:21</b>	2:40	7:30	4:52	1:48	0:28					
4		Andreea Tulban	38:12	3:34	10:01	12:56	<b>19:44</b>	23:04	30:00	36:13	37:41	38:12					
		CS Babarunca		3:34	6:26	2:54	6:48	3:19	6:56	6:13	1:27	0:31					
5		Ralf Schwanebeck	39:47	3:05	<b>9:13</b>	12:54	19:55	22:45	31:57	37:34	38:57	39:47					
		TSV 90 Röbel		3:05	<b>6:08</b>	3:40	7:01	2:49	9:11	5:37	1:22	0:49					
6		Frida Gühne	41:26	5:26	13:15	16:46	24:40	27:35	33:40	39:23	41:04	41:26					
		OLV Potsdam		5:26	7:49	3:31	7:54	2:55	6:05	5:43	1:41	<b>0:22</b>					
7		Evelyn Stöcker	42:18	3:20	10:23	14:15	24:03	27:20	34:24	40:20	41:46	42:18					
		OK Leipzig		3:20	7:03	3:51	9:48	3:17	7:03	5:55	1:25	0:32					
8		Ida & Greta Jönsson	42:28	7:19	14:18	18:11	24:59	27:33	33:52	40:18	42:00	42:28					
		VS Kummerlöwe		7:19	6:59	3:53	6:48	2:34	6:19	6:26	1:42	0:28					
9		Justus Sperling	43:34	3:34	14:57	18:02	27:32	30:00	35:41	41:36	43:05	43:34					
		OLV Potsdam		3:34	11:23	3:05	9:30	2:28	5:41	5:55	1:29	0:29					
10		Kamilla Knuth	43:57	3:19	11:20	15:45	23:49	27:27	34:48	41:56	43:27	43:57					
		OLV Potsdam		3:19	8:01	4:25	8:04	3:38	7:21	7:08	1:31	0:30					
11		Konstanze Gergs	48:42	2:49	11:26	15:14	21:41	24:18	41:21	46:49	48:16	48:42					
		Kaulsdorfer OLV Be		2:49	8:37	3:48	6:27	2:37	17:03	5:28	1:27	0:26					
12		Beate Dalüge	52:04	5:21	16:44	22:00	30:51	34:20	42:21	49:28	51:16	52:04					
		VS Dalüge		5:21	11:23	5:16	8:51	3:29	8:01	7:07	1:48	0:48					
13	3	Clemens Höch	54:14	4:32	15:04	20:16	29:40	33:33	41:30	50:50	53:47	54:14					
		OLV Potsdam		4:32	10:32	5:12	9:24	3:53	7:57	9:20	2:57	0:27					
14		Martin Schlegel	54:23	4:47	14:52	19:33	29:39	33:51	43:50	52:09	53:35	54:23					
		VS Schlegel		4:47	10:05	4:41	10:06	4:12	9:59	8:19	1:26	0:48					
15		Jakob Sang	55:24	3:46	14:09	19:14	30:47	34:10	41:48	53:55	54:59	55:24					
		VS Sang		3:46	10:23	5:05	11:33	3:23	7:38	12:07	<b>1:04</b>	0:25					
16		Ingolf Behr	58:05	4:26	12:02	15:59	24:59	29:09	48:09	55:33	57:29	58:05					
		OLV Potsdam		4:26	7:36	3:56	8:59	4:10	18:59	7:23	1:56	0:35					
17	5	Julia Frieda	58:27	3:36	11:48	15:14	25:52	31:52	42:32	56:08	57:34	58:27	57:50				
		VS Frieda und Julia		3:36	8:12	3:26	10:38	5:59	10:40	13:36	1:25	0:52	*200				
18		Ella Sperling	59:14	5:42	16:15	22:46	33:49	39:17	48:12	56:20	58:35	59:14					
		OLV Potsdam		5:42	10:33	6:31	11:03	5:28	8:55	8:08	2:15	0:39					
19		Michael Herms	1:01:44	4:16	14:34	19:41	31:24	36:31	48:56	57:55	1:00:36	1:01:44					
		VS Herms		4:16	10:18	5:07	11:43	5:07	12:25	8:59	2:41	1:08					
20		Tira Heidrich	1:01:53	3:27	12:52	19:46	30:46	36:06	48:43	58:33	1:01:27	1:01:53					
		OLV Potsdam		3:27	9:25	6:54	11:00	5:20	12:37	9:50	2:54	0:26					
21	6	Victoria Behr	1:02:29	4:22	12:08	15:57	24:55	29:07	48:04	55:29	57:24	1:02:29					
		OLV Potsdam		4:22	7:46	3:49	8:58	4:12	18:57	7:25	1:55	5:05					
22		Thea Schulz	1:03:53	4:10	16:03	28:13	39:34	43:17	51:17	1:01:19	1:03:17	1:03:53	1:03:23				
		Berliner Turnerscha		4:10	11:53	12:10	11:21	3:43	8:00	10:02	1:58	0:36	*200				
23		Ons Mribah	1:06:27	5:40	17:22	23:25	36:06	40:14	49:03	1:03:48	1:05:29	1:06:27					
		SV IHW Alex 78 Berl		5:40	11:42	6:03	12:41	4:08	8:49	14:45	1:41	0:58					
24		Rebecca Vogt	1:08:06	4:42	12:39	20:18	33:18	40:38	50:21	1:05:10	1:07:34	1:08:06					
		Berliner Turnerscha		4:42	7:57	7:39	13:00	7:20	9:43	14:49	2:24	0:32					
25		Alma Vogt	1:29:23	5:59	31:27	39:42	55:02	1:01:39	1:16:12	1:26:10	1:28:31	1:29:23					
		Berliner Turnerscha		5:59	25:28	8:15	15:20	6:37	14:33	9:58	2:21	0:52					
		Erik Brettschneider	N Ang														
		Kaulsdorfer OLV Be	N Ang														
		Daniel Nedoborovs	N Ang														
		BSV Halle-Ammend	N Ang														
<b>BL (Beginner lang) (6)</b>																	
				1(202)	2(223)	3(232)	4(236)	5(231)	6(234)	7(235)	8(239)	9(205)	10(233)	11(222)	12(229)	13(227)	14(200)
				Ziel													
1		Sascha Schulz	1:06:29	6:55	<b>9:59</b>	17:06	20:41	<b>25:35</b>	<b>28:49</b>	<b>30:56</b>	<b>36:44</b>	<b>49:38</b>	<b>56:35</b>	<b>58:09</b>	<b>1:02:55</b>	<b>1:04:59</b>	<b>1:06:09</b>
		SV IHW Alex 78 Berl		6:55	<b>3:04</b>	7:07	<b>3:35</b>	<b>4:54</b>	<b>3:14</b>	<b>2:07</b>	<b>5:48</b>	12:54	<b>6:57</b>	<b>1:34</b>	<b>4:46</b>	<b>2:04</b>	<b>1:10</b>
			1:06:29														
			0:20														
2		Fynn Schwarz	1:14:23	5:07	10:01	<b>15:15</b>	<b>19:26</b>	26:59	30:55	33:19	40:20	51:17	1:01:14	1:04:47	1:10:24	1:12:51	1:14:04
		OLV Potsdam		<b>5:07</b>	4:54	5:14	4:11	7:33	3:56	2:24	7:01	<b>10:57</b>	9:57	3:33	5:37	2:27	1:13
			1:14:23														
			0:19														
3		Stefan Brückner	1:48:21	6:27	11:02	15:25	20:14	26:34	30:29	46:29	54:13	1:19:25	1:28:56	1:32:15	1:39:19	1:45:13	1:47:32
		VS Kummerlöwe		6:27	4:35	<b>4:23</b>	4:49	6:20	3:55	16:00	7:44	25:12	9:31	3:19	7:04	5:54	2:19
			1:48:21														
			0:49														
		Team SaSo	Aufg	9:47	16:56	26:32	38:25	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
		Kopernikus-Obersc		9:47	7:08	9:35	11:53										
		Dorothee Ahlers	N Ang														
		OLV Potsdam	N Ang														
		Judith Kas	N Ang														
		VS Kas	N Ang														





Pl	tnr	Name	Zeit														
<b>D35 (Damen ab 35) (9)</b>				<b>6,8 km 90 Hm</b>				<b>17 P</b>				<i>(Forts.)</i>					
				1(227) 15(204)	2(220) 16(203)	3(233) 17(200)	4(211) Ziel	5(218)	6(224)	7(228)	8(212)	9(214)	10(213)	11(205)	12(219)	13(225)	14(226)
8		<b>Valby van Schijndel</b> <b>VS van Schijndel</b>	<b>2:26:13</b>	10:21 10:21 2:17:46 7:25	19:36 9:15 2:20:04 2:18	23:57 4:21 2:25:44 5:40	30:13 6:16 2:26:13 0:29	35:04 4:51	45:46 10:42	47:37 1:51	1:09:55 22:18	1:17:10 7:15	1:23:46 6:36	1:37:49 14:03	1:52:37 14:48	2:02:00 9:23	2:10:21 8:21
		<b>Juliane Kummerlöv</b> <b>OLV Potsdam</b>	<b>N Ang</b>														
<b>D40 (Damen ab 40) (3)</b>				<b>6,3 km 100 Hm</b>				<b>16 P</b>									
				1(227) 15(203)	2(229) 16(200)	3(203) Ziel	4(204)	5(226)	6(225)	7(219)	8(217)	9(214)	10(212)	11(213)	12(206)	13(205)	14(220)
1		<b>Anke Winnig</b> <b>SV IHW Alex 78 Berl</b>	<b>1:02:44</b>	<b>3:18</b> <b>3:18</b> <b>58:34</b> <b>2:41</b>	<b>5:18</b> <b>1:59</b> <b>1:02:21</b> <b>3:47</b>	<b>6:46</b> <b>1:27</b> <b>1:02:44</b> <b>0:23</b>	<b>8:04</b> <b>1:18</b>	<b>9:28</b> <b>1:23</b>	<b>12:47</b> <b>3:19</b>	<b>18:59</b> <b>6:11</b>	<b>21:31</b> <b>2:32</b>	<b>31:13</b> <b>9:41</b>	<b>34:36</b> <b>3:23</b>	<b>37:06</b> <b>2:29</b>	<b>44:07</b> <b>7:00</b>	<b>48:59</b> <b>4:52</b>	<b>55:52</b> <b>6:53</b>
2		<b>Friederike Frenzel</b> <b>OK Mark Brandenb</b>	<b>1:08:28</b>	4:02 4:02 1:04:03 2:51	6:34 2:32 1:08:02 3:59	8:26 1:52 1:08:28 0:26	9:53 1:27	11:14 <b>1:21</b>	15:19 4:05	22:12 6:53	24:56 2:44	34:50 9:54	37:50 3:00	40:37 2:47	48:02 7:25	54:22 6:20	1:01:12 <b>6:50</b>
3		<b>Claudia Becker</b> <b>Berliner Turnerscha</b>	<b>1:17:49</b>	3:30 3:30 1:14:19 2:45	5:50 2:19 1:17:23 <b>3:04</b>	7:12 <b>1:22</b> 1:17:49 0:25	8:23 <b>1:10</b>	10:19 1:55	14:24 4:05	20:05 <b>5:40</b>	22:35 <b>2:30</b>	35:08 12:33	37:57 <b>2:48</b>	41:34 3:37	48:44 7:09	1:00:32 11:48	1:11:33 11:00
<b>D45 (Damen ab 45) (3)</b>				<b>5,4 km 90 Hm</b>				<b>13 P</b>									
				1(238)	2(203)	3(204)	4(217)	5(206)	6(207)	7(228)	8(224)	9(218)	10(211)	11(220)	12(237)	13(200)	Ziel
1		<b>Kristin Leukert</b> <b>SV IHW Alex 78 Berl</b>	<b>49:05</b>	<b>3:15</b> <b>3:15</b>	<b>5:54</b> <b>2:39</b>	<b>6:49</b> <b>0:54</b>	<b>14:49</b> <b>7:59</b>	<b>21:50</b> <b>7:01</b>	<b>23:12</b> <b>1:21</b>	<b>26:07</b> <b>2:54</b>	<b>27:09</b> <b>1:02</b>	<b>33:15</b> <b>6:06</b>	<b>35:40</b> <b>2:25</b>	<b>42:47</b> <b>7:06</b>	<b>46:55</b> <b>4:07</b>	<b>48:47</b> <b>1:51</b>	<b>49:05</b> <b>0:18</b>
2		<b>Solveig Kapischke</b> <b>OK Mark Brandenb</b>	<b>1:08:28</b>	4:37 4:37 1:03:21 <b>0:22</b>	7:59 3:22 1:03:21 <b>0:22</b>	9:23 1:24 1:03:21 <b>0:22</b>	18:00 8:37 1:03:21 <b>0:22</b>	30:34 12:34 1:03:21 <b>0:22</b>	32:26 1:52	36:51 4:25	39:34 2:43	49:57 10:23	53:23 3:26	1:01:15 7:52	1:06:00 4:45	1:08:01 2:01	1:08:28 0:27
3		<b>Sandra Lischewski</b> <b>BSV Halle-Ammend</b>	<b>1:14:45</b>	4:48 4:48 1:10:21 <b>0:26</b>	8:53 4:05 1:10:21 <b>0:26</b>	10:22 1:29 1:10:21 <b>0:26</b>	21:46 11:24 1:10:21 <b>0:26</b>	33:42 11:56 1:10:21 <b>0:26</b>	35:33 1:51	40:02 4:29	41:30 1:28	51:32 10:02	55:09 3:37	1:04:41 9:32	1:11:14 6:33	1:14:09 2:55	1:14:45 0:36
<b>D50 (Damen ab 50) (7)</b>				<b>5,0 km 70 Hm</b>				<b>14 P</b>									
				1(238) Ziel	2(211)	3(210)	4(224)	5(228)	6(207)	7(206)	8(220)	9(204)	10(231)	11(226)	12(203)	13(227)	14(200)
1		<b>Annette Leonhardt</b> <b>SV IHW Alex 78 Berl</b>	<b>52:20</b>	<b>3:34</b> <b>3:34</b> <b>52:20</b> 0:26	<b>10:05</b> <b>6:31</b>	<b>11:16</b> <b>1:11</b>	<b>19:45</b> <b>8:29</b>	<b>21:02</b> <b>1:16</b>	<b>25:22</b> <b>4:20</b>	<b>26:56</b> <b>1:34</b>	<b>36:09</b> <b>9:12</b>	<b>40:12</b> <b>4:03</b>	<b>42:00</b> <b>1:47</b>	<b>45:23</b> <b>3:23</b>	<b>47:24</b> <b>2:00</b>	<b>50:59</b> <b>3:34</b>	<b>51:54</b> <b>0:54</b>
2	2	<b>Katrin Fillinger</b> <b>Köpenicker SC</b>	<b>1:03:21</b>	3:53 3:53 1:03:21 <b>0:22</b>	11:37 7:44 1:03:21 <b>0:22</b>	13:09 1:32	22:57 9:48	24:24 1:27	29:44 5:20	33:04 3:20	42:16 <b>9:12</b>	46:48 4:32	49:33 2:45	52:22 2:49	57:31 5:09	1:01:42 4:11	1:02:59 1:17
3		<b>Britt Woyde</b> <b>VS Woyde</b>	<b>1:04:46</b>	3:50 3:50 1:04:46 0:26	12:17 8:27 1:04:46 <b>0:26</b>	17:33 5:16 1:04:46 <b>0:26</b>	26:05 8:32 1:04:46 <b>0:26</b>	27:51 1:46	36:12 8:21	37:21 <b>1:09</b>	47:16 9:55	51:21 4:05	53:17 1:56	55:37 <b>2:20</b>	59:03 3:26	1:02:44 3:41	1:04:20 1:36
4		<b>Katja Lahm</b> <b>CTG Koblenz</b>	<b>1:31:06</b>	4:43 4:43 1:31:06 0:32	14:01 9:18 1:31:06 0:32	20:28 6:27	30:20 9:51	31:49 1:29	44:36 12:46	47:07 2:30	1:02:28 15:21	1:11:23 8:55	1:14:03 2:39	1:17:37 3:33	1:24:38 7:00	1:29:03 4:25	1:30:33 1:30
5		<b>Eva Koch</b> <b>Kaulsdorfer OLV Be</b>	<b>1:36:48</b>	6:24 6:24 1:36:48 1:00	17:17 10:53 1:36:48 1:00	19:10 1:53	35:28 16:18	37:35 2:07	44:55 7:20	47:49 2:54	1:08:11 20:22	1:15:52 7:41	1:18:47 2:55	1:22:08 3:21	1:26:37 4:29	1:34:02 7:25	1:35:48 1:46
6		<b>Jacqueline Siebert</b> <b>OLV Potsdam</b>	<b>1:54:37</b>	5:31 5:31 1:54:37 0:28	16:44 11:13 1:54:37 0:28	22:35 5:51	37:54 15:19	40:13 2:19	47:11 6:58	50:35 3:24	1:13:28 22:53	1:21:24 7:56	1:33:50 12:26	1:38:18 4:28	1:46:17 7:59	1:52:55 6:38	1:54:09 1:14
		<b>Katrin Kubald</b> <b>Kaulsdorfer OLV Be</b>	<b>N Ang</b>														
<b>D55 (Damen ab 55) (5)</b>				<b>4,1 km 60 Hm</b>				<b>11 P</b>									
				1(237)	2(220)	3(207)	4(206)	5(219)	6(203)	7(204)	8(226)	9(229)	10(227)	11(200)	Ziel		
1		<b>Monika Jensch</b> <b>OK Mark Brandenb</b>	<b>44:44</b>	2:48 2:48	<b>8:45</b> <b>5:57</b>	<b>16:11</b> 7:26	<b>17:46</b> 1:35	<b>27:05</b> <b>9:19</b>	35:01 7:56	36:49 1:48	<b>38:29</b> 1:40	<b>41:15</b> 2:46	<b>43:10</b> 1:55	<b>44:19</b> 1:09	<b>44:44</b> <b>0:25</b>		
2		<b>Silke Ansoerge</b> <b>SV Robotron Dresd</b>	<b>47:44</b>	2:47 2:47	9:09 6:22	17:34 8:25	19:10 1:36	30:45 11:35	38:00 7:15	39:31 1:31	40:58 <b>1:27</b>	44:11 3:13	46:10 1:59	47:18 1:08	47:44 0:26		
3		<b>Gudrun Feldmann</b> <b>Kaulsdorfer OLV Be</b>	<b>50:54</b>	2:51 2:51	8:54 6:03	16:27 7:33	19:05 2:38	32:59 13:54	41:12 8:13	42:28 <b>1:16</b>	44:03 1:35	47:02 2:59	49:05 2:03	50:26 1:21	50:54 0:28		
4		<b>Heidrun Graumann</b> <b>ESV Lok Berlin-Sch</b>	<b>51:44</b>	2:40 2:40	9:37 6:56	16:29 <b>6:52</b>	18:02 <b>1:33</b>	27:57 9:54	<b>34:45</b> <b>6:48</b>	<b>36:13</b> 1:27	45:48 9:35	48:25 <b>2:37</b>	50:17 <b>1:51</b>	51:18 <b>1:00</b>	51:44 0:26		
5		<b>Anne Ferchow</b> <b>Kaulsdorfer OLV Be</b>	<b>57:29</b>	3:08 3:08	10:37 7:29	20:34 9:57	22:46 2:12	37:04 14:18	46:52 9:48	48:30 1:38	50:19 1:49	53:30 3:11	55:44 2:14	56:58 1:14	57:29 0:31		

Pl	tnr	Name	Zeit														
<b>D60 (Damen ab 60) (4)</b>				<b>3,7 km 90 Hm</b>			<b>12 P</b>										
				1(202)	2(223)	3(220)	4(205)	5(219)	6(225)	7(226)	8(204)	9(203)	10(229)	11(227)	12(200)	Ziel	
1		<b>Gudrun Brettschnei</b>	<b>59:14</b>	<b>4:54</b>	<b>8:08</b>	<b>11:56</b>	<b>24:17</b>	<b>33:03</b>	<b>41:45</b>	<b>49:08</b>	51:10	52:49	<b>55:09</b>	<b>57:17</b>	<b>58:42</b>	<b>59:14</b>	
		Kaulsdorfer OLV Be		<b>4:54</b>	<b>3:14</b>	<b>3:47</b>	12:20	8:45	8:42	7:22	2:01	1:39	<b>2:20</b>	<b>2:08</b>	1:24	<b>0:32</b>	
2		<b>Monika Braatz</b>	<b>1:04:01</b>	7:10	11:20	15:46	27:04	36:37	44:03	49:27	<b>51:06</b>	<b>52:44</b>	55:28	----	----	1:04:01	
		SV IHW Alex 78 Berl		7:10	4:09	4:26	<b>11:17</b>	9:32	7:26	5:24	<b>1:38</b>	1:38	2:44			8:32	
3		<b>Ruth Schlingmann</b>	<b>1:07:06</b>	5:44	9:26	14:30	30:15	38:44	47:26	51:57	54:24	55:59	59:08	1:05:19	1:06:33	1:07:06	
		VS Schlingmann		5:44	3:42	5:04	15:45	<b>8:29</b>	8:42	<b>4:31</b>	2:27	<b>1:35</b>	3:09	6:11	<b>1:14</b>	0:33	
AK		<b>Karen Ellermann</b>	<b>1:45:23</b>	6:57	11:41	22:16	38:09	1:13:25	1:20:41	1:28:04	1:30:49	1:33:03	1:35:59	1:42:36	1:44:49	1:45:23	
		ESV Lok Magdebur		6:57	4:44	10:35	15:53	35:16	<b>7:16</b>	7:23	2:45	2:14	2:56	6:37	2:13	0:34	
<b>D65 (Damen ab 65) (1)</b>				<b>3,7 km 90 Hm</b>			<b>12 P</b>										
				1(202)	2(223)	3(220)	4(205)	5(219)	6(225)	7(226)	8(204)	9(203)	10(229)	11(227)	12(200)	Ziel	
1		<b>Gisela Tonn</b>	<b>45:50</b>	<b>5:04</b>	<b>8:36</b>	<b>11:29</b>	<b>20:07</b>	<b>25:59</b>	<b>32:41</b>	<b>36:53</b>	<b>38:08</b>	<b>39:40</b>	<b>42:00</b>	<b>43:54</b>	<b>45:20</b>	<b>45:50</b>	
		SSV Planeta Radebe		<b>5:04</b>	<b>3:31</b>	<b>2:53</b>	<b>8:37</b>	<b>5:52</b>	<b>6:42</b>	<b>4:12</b>	<b>1:14</b>	<b>1:31</b>	<b>2:20</b>	<b>1:54</b>	<b>1:26</b>	<b>0:29</b>	
<b>D70 (Damen ab 70) (2)</b>				<b>3,1 km 50 Hm</b>			<b>10 P</b>										
				1(238)	2(220)	3(217)	4(219)	5(225)	6(226)	7(204)	8(203)	9(227)	10(200)	Ziel			
1		<b>Susi Thiel</b>	<b>50:38</b>	5:13	10:26	21:13	<b>25:10</b>	<b>33:22</b>	<b>38:24</b>	<b>40:21</b>	<b>41:57</b>	<b>47:11</b>	<b>48:43</b>	<b>50:38</b>			
		SV IHW Alex 78 Berl		5:13	5:13	10:47	<b>3:57</b>	<b>8:12</b>	5:02	1:57	<b>1:36</b>	<b>5:14</b>	<b>1:32</b>	1:55			
2		<b>Erika Lemnitzer</b>	<b>55:24</b>	<b>5:12</b>	<b>9:37</b>	<b>19:14</b>	30:06	39:29	44:19	46:14	47:53	53:07	54:55	55:24			
		Kaulsdorfer OLV Be		<b>5:12</b>	<b>4:24</b>	<b>9:37</b>	10:51	9:23	<b>4:49</b>	<b>1:55</b>	1:39	5:14	1:48	<b>0:28</b>			
<b>H10 (Herren bis 10) (5)</b>				<b>2,3 km 60 Hm</b>			<b>8 P</b>										
				1(221)	2(233)	3(222)	4(223)	5(231)	6(232)	7(229)	8(200)	Ziel					
1		<b>Finjas Cain</b>	<b>30:33</b>	<b>2:43</b>	<b>7:43</b>	<b>9:48</b>	<b>13:10</b>	<b>20:06</b>	<b>22:51</b>	<b>26:04</b>	<b>30:13</b>	<b>30:33</b>					
		TSV Karlshorst		<b>2:43</b>	5:00	2:05	3:22	6:56	<b>2:45</b>	<b>3:13</b>	4:09	<b>0:20</b>					
2		<b>Jari Spengler</b>	<b>33:42</b>	2:58	10:53	13:04	16:31	21:08	27:26	31:05	33:18	33:42					
		OLV Potsdam		2:58	7:55	2:11	3:27	<b>4:37</b>	6:18	3:39	<b>2:13</b>	0:24					
3		<b>Jakob Vogt</b>	<b>39:59</b>	2:46	8:26	13:35	17:57	24:14	28:00	36:17	39:35	39:59					
		Berliner Turnerscha		2:46	5:40	5:09	4:22	6:17	3:46	8:17	3:18	0:24					
		Anton Weiß	Fehlst	5:22	9:32	11:16	14:24	----	21:41	24:52	27:20	27:40					
		OK Mark Brandenb		5:22	<b>4:10</b>	<b>1:44</b>	<b>3:08</b>		7:17	3:11	2:28	<b>0:20</b>					
		Bela Winnig	N Ang														
		SV IHW Alex 78 Berl															
<b>H12 (Herren bis 12) (5)</b>				<b>3,5 km 80 Hm</b>			<b>10 P</b>										
				1(202)	2(229)	3(231)	4(235)	5(234)	6(223)	7(220)	8(233)	9(227)	10(200)	Ziel			
1		<b>Heinrich Schwaneb</b>	<b>41:27</b>	5:20	10:37	15:19	<b>18:37</b>	<b>21:00</b>	<b>27:14</b>	<b>31:41</b>	<b>35:10</b>	<b>40:09</b>	<b>41:08</b>	<b>41:27</b>			
		TSV 90 Röbel		5:20	5:17	4:41	<b>3:18</b>	<b>2:22</b>	6:14	4:27	3:29	<b>4:58</b>	<b>0:58</b>	0:19			
2		<b>Lucas Pascal Mache</b>	<b>45:05</b>	5:38	9:46	<b>14:00</b>	23:59	26:29	31:44	35:02	38:05	43:46	44:48	45:05			
		OLV Potsdam		5:38	4:07	<b>4:13</b>	9:59	2:30	<b>5:15</b>	<b>3:17</b>	<b>3:03</b>	5:40	1:01	<b>0:17</b>			
3		<b>Arthur Vogt</b>	<b>45:14</b>	<b>4:36</b>	<b>8:21</b>	14:44	18:41	21:36	29:36	33:53	38:03	43:44	44:56	45:14			
		Berliner Turnerscha		<b>4:36</b>	<b>3:45</b>	6:23	3:57	2:55	8:00	4:17	4:10	5:41	1:12	0:18			
4		<b>Hugo-Maximilian Sc</b>	<b>1:22:25</b>	7:38	13:00	36:00	46:01	49:46	56:28	1:07:23	1:11:51	1:19:27	1:22:00	1:22:25			
		OLV Potsdam		7:38	5:22	23:00	10:01	3:45	6:42	10:55	4:28	7:36	2:33	0:25			
		Maxim Hirschmann	N Ang														
		OLV Potsdam															
<b>H14 (Herren bis 14) (10)</b>				<b>4,7 km 80 Hm</b>			<b>13 P</b>										
				1(202)	2(233)	3(205)	4(217)	5(225)	6(235)	7(236)	8(232)	9(226)	10(231)	11(223)	12(227)	13(200)	Ziel
1		<b>Fidelius Cain</b>	<b>35:14</b>	2:56	<b>5:14</b>	10:17	<b>12:55</b>	19:11	22:14	24:12	26:42	27:52	29:04	<b>31:20</b>	<b>34:25</b>	<b>35:01</b>	<b>35:14</b>
		TSV Karlshorst		2:56	2:18	5:02	2:38	6:16	3:02	<b>1:57</b>	<b>2:30</b>	<b>1:10</b>	<b>1:11</b>	<b>2:15</b>	3:05	<b>0:35</b>	<b>0:13</b>
2		<b>Leander Fischer</b>	<b>35:45</b>	2:58	5:19	10:22	12:58	<b>17:36</b>	<b>19:52</b>	<b>22:01</b>	<b>25:15</b>	<b>26:55</b>	<b>28:19</b>	31:23	34:35	35:29	35:45
		OLV Potsdam		2:58	2:21	5:02	<b>2:36</b>	<b>4:37</b>	2:16	2:08	3:13	1:40	1:23	3:04	3:11	0:54	0:15
3		<b>Theodor Schwaneb</b>	<b>37:50</b>	<b>2:50</b>	5:23	10:31	13:47	18:58	21:27	23:59	27:06	28:34	30:26	33:21	36:38	37:30	37:50
		TSV 90 Röbel		<b>2:50</b>	2:33	5:08	3:15	5:11	2:28	2:32	3:06	1:28	1:52	2:54	3:17	0:52	0:19
4		<b>Lionel Kumbier</b>	<b>38:19</b>	3:04	5:21	<b>10:13</b>	13:44	18:24	20:15	26:33	29:31	30:45	32:06	34:23	37:28	38:05	38:19
		Berliner Turnerscha		3:04	<b>2:16</b>	<b>4:51</b>	3:31	4:39	<b>1:51</b>	6:17	2:58	1:13	1:20	2:17	<b>3:04</b>	0:37	0:14
5		<b>Jolan Rivetti</b>	<b>45:17</b>	3:31	6:32	12:20	15:45	22:21	24:54	28:15	32:22	33:45	37:34	40:54	44:12	45:01	45:17
		Berliner Turnerscha		3:31	3:00	5:47	3:25	6:35	2:33	3:20	4:07	1:22	3:49	3:20	3:17	0:48	0:15
6		<b>Gergely Knuth</b>	<b>47:13</b>	3:54	6:32	12:02	15:09	21:23	23:34	30:09	33:40	35:39	37:16	40:33	46:13	46:56	47:13
		OLV Potsdam		3:54	2:38	5:30	3:07	6:14	2:11	6:35	3:31	1:59	1:37	3:17	5:40	0:43	0:17
7		<b>Carl Costa Green</b>	<b>54:00</b>	7:38	10:52	17:29	22:34	27:29	29:31	35:41	39:06	41:28	43:23	46:42	52:16	53:39	54:00
		Berliner Turnerscha		7:38	3:14	6:37	5:04	4:55	2:01	6:09	3:25	2:21	1:55	3:18	5:34	1:23	0:20
8		<b>Rafael Schueler</b>	<b>1:02:44</b>	4:50	8:24	16:39	22:03	30:54	35:32	40:59	45:37	48:33	51:48	55:59	1:01:01	1:02:17	1:02:44
		SV IHW Alex 78 Berl		4:50	3:34	8:15	5:24	8:51	4:38	5:27	4:38	2:56	3:15	4:11	5:02	1:16	0:27
9		<b>Milo Spengler</b>	<b>1:16:29</b>	3:44	6:59	13:13	41:23	47:43	51:09	53:57	58:26	1:00:10	1:05:02	1:09:45	1:15:07	1:16:09	1:16:29
		OLV Potsdam		3:44	3:14	6:14	28:09	6:19	3:25	2:48	4:29	1:43	4:52	4:42	5:22	1:01	0:19
		Felix Schwarz	N Ang														
		OLV Potsdam															

Pl	tnr	Name	Zeit														
<b>H16 (Herren bis 16) (3)</b>				<b>6,8 km 90 Hm</b>				<b>17 P</b>									
				1(227) 15(204)	2(220) 16(203)	3(233) 17(200)	4(211) Ziel	5(218)	6(224)	7(228)	8(212)	9(214)	10(213)	11(205)	12(219)	13(225)	14(226)
1	Frederic Tamm OK Mark Brandenb	1:00:35	3:36 3:36 56:33	9:27 5:51	11:52 2:25	15:20 3:28	17:15 1:55	21:49 4:34	22:50 1:01	27:13 4:23	29:41 2:28	31:57 2:16	38:49 6:52	46:51 8:02	52:30 5:39	55:21 2:51	
2	Petru Tulban Berliner Turnerscha	1:01:28	3:48 3:48 57:41	11:25 7:37	13:53 2:28	19:12 5:18	21:10 1:58	25:41 4:31	26:32 0:50	30:58 4:26	33:41 2:43	35:46 2:04	42:50 7:03	46:38 3:48	51:32 4:54	56:43 5:11	
3	Adrian Hertel Köpenicker SC	1:39:56	4:00 4:00 1:34:00	10:28 6:28	14:32 4:04	20:12 5:40	26:04 5:52	34:33 8:29	39:37 5:04	46:22 6:45	52:15 5:53	56:55 4:40	1:10:08 13:13	1:18:53 8:45	1:27:10 8:17	1:31:53 4:43	
			2:07	1:35	3:55	0:26											
<b>H18 (Herren bis 18) (1)</b>				<b>10,0 km 110 Hm</b>				<b>24 P</b>									
				1(201) 15(206)	2(204) 16(213)	3(226) 17(212)	4(225) 18(214)	5(220) 19(215)	6(211) 20(216)	7(228) 21(217)	8(224) 22(219)	9(208) 23(203)	10(209) 24(200)	11(218) Ziel	12(210)	13(211)	14(207)
1	Johannes Otto ESV Lok Magdebur	1:37:14	3:18 3:18 1:01:54	7:25 4:07	15:46 8:20	25:19 9:33	29:23 4:03	34:58 5:35	40:47 5:48	41:42 0:55	44:46 3:03	45:46 1:00	51:25 5:39	54:19 2:53	55:19 0:59	1:00:48 5:29	
			1:05	4:01	1:07:54 1:57	1:10:34 2:40	1:15:44 5:10	1:17:17 1:33	1:26:05 8:47	1:27:57 1:51	1:33:22 5:24	1:36:50 3:28	1:37:14 0:24				
<b>H19K (Herren ab 19 kurz) (9)</b>				<b>7,3 km 100 Hm</b>				<b>19 P</b>									
				1(203) 15(220)	2(226) 16(204)	3(225) 17(229)	4(219) 18(227)	5(217) 19(200)	6(216) Ziel	7(215)	8(214)	9(213)	10(212)	11(228)	12(206)	13(207)	14(205)
1	Marco Jensch OK Mark Brandenb	50:53	3:09 3:09 43:55	4:32 1:22	6:31 1:59	10:30 3:58	12:10 1:39	17:41 5:31	18:42 1:00	22:22 3:39	23:50 1:28	25:15 1:24	28:39 3:24	32:06 3:26	33:17 1:11	37:14 3:57	
2	Carl W. Distler Berliner Turnerscha	1:06:58	6:40 4:08 4:08 58:43	3:18 5:41 1:33	9:03 9:03 3:21	14:26 5:23	16:43 2:16	25:15 8:32	26:46 1:31	32:33 5:46	34:51 2:18	37:02 2:10	42:38 5:36	45:47 3:08	47:04 1:17	52:59 5:55	
3	Sascha Boeck Kaulsdorfer OLV Be	1:13:12	5:44 7:09 7:09 1:05:38	1:01:48 18:23 11:14	1:04:22 20:57 2:33	1:05:52 25:37 4:39	1:06:35 27:42 2:05	1:06:58 34:47 7:05	0:43 0:22	1:00:23 *231	*223	1:44:48 48:42 3:53	55:01 6:18	56:28 1:27	1:00:48 4:20		
4	Aurelien Filiali Berliner TSC	1:20:50	8:11 3:59 1:12:07	3:32 3:34	2:27 3:37	1:25 5:09	0:55 2:35	0:24 13:59	0:42 2:18	1:20:50 5:29	1:20:50 2:28	1:20:50 2:32	1:20:50 5:47	1:20:50 6:24	1:20:50 1:06	1:20:50 4:59	
5	Erwin Schramm Kaulsdorfer OLV Be	1:23:57	8:04 4:49 4:49 1:13:24	4:28 1:32	3:02 3:37	1:41 6:10	0:56 2:51	0:26 11:27	0:26 2:13	1:23:57 2:13	1:23:57 3:09	1:23:57 2:44	1:23:57 4:54	1:23:57 3:45	1:23:57 1:45	1:23:57 7:53	
6	Tobias Knaack OK Mark Brandenb	1:45:58	8:15 5:26 1:33:35	5:09 2:37	3:05 3:40	2:47 7:07	0:55 1:45:31	0:27 1:45:58	0:27 1:45:58	46:57 2:31	55:18 7:29	57:51 3:32	1:07:09 5:47	1:14:05 7:57	1:26:10 12:57	1:27:28 1:47	1:33:47 10:13
7	Slim Tabka SV IHW Alex 78 Berl	1:57:02	6:13 6:13 1:45:25	8:35 2:22	14:11 5:36	22:32 8:20	25:39 3:07	44:57 19:17	46:57 1:59	55:18 8:21	57:51 2:32	1:07:09 9:18	1:14:05 6:55	1:26:10 12:05	1:27:28 1:17	1:33:47 6:18	
8	Max Brettschneider Kaulsdorfer OLV Be	2:03:00	11:38 8:08 1:46:56	5:22 2:54	2:23 5:21	2:12 9:30	1:08 7:07	0:30 14:47	0:30 14:47	50:33 2:42	1:00:20 9:47	1:04:04 3:44	1:09:17 5:12	1:17:34 8:17	1:24:16 6:41	1:26:17 2:00	1:35:32 9:15
	Arne Kapischke OK Mark Brandenb	N Ang	11:24	5:54	5:03	2:56	1:35	0:34		*231	*223						
<b>H19L (Herren ab 19 lang) (15)</b>				<b>12,9 km 170 Hm</b>				<b>28 P</b>									
				1(201) 15(214)	2(202) 16(215)	3(223) 17(216)	4(203) 18(219)	5(204) 19(217)	6(205) 20(220)	7(206) 21(211)	8(207) 22(218)	9(208) 23(224)	10(209) 24(228)	11(210) 25(225)	12(211) 26(226)	13(212) 27(227)	14(213) 28(200)
1	Philipp Müller Post SV Dresden	1:13:45	1:34 1:34 35:13	4:01 2:27	5:20 1:19	6:02 0:42	6:38 0:36	12:29 5:50	14:57 2:28	15:46 0:48	19:27 3:41	20:05 0:37	24:18 4:12	25:02 0:44	32:27 7:24	33:51 1:24	
			1:21 1:13:45	3:49	1:00	5:42	1:16	3:39	4:30	1:17	3:21	0:37	8:17	1:53	2:16	0:33	
2	Henning Kapischke OK Mark Brandenb	1:18:31	0:15 1:32 1:32 37:38	4:57 3:25	6:24 1:26	7:04 0:40	7:39 0:35	13:54 6:14	16:14 2:19	16:59 0:44	20:43 3:43	21:25 0:41	25:43 4:18	26:33 0:50	34:25 7:52	35:52 1:26	
			1:46 1:18:31	3:32	1:00	6:53	1:21	4:27	4:11	1:28	3:29	0:30	9:05	1:47	2:14	0:36	

Pl	tnr	Name	Zeit														
<b>H19L (Herren ab 19 lang) (15)</b>				<b>12,9 km 170 Hm</b>				<b>28 P</b>				<b>(Forts.)</b>					
				1(201)	2(202)	3(223)	4(203)	5(204)	6(205)	7(206)	8(207)	9(208)	10(209)	11(210)	12(211)	13(212)	14(213)
				15(214)	16(215)	17(216)	18(219)	19(217)	20(220)	21(211)	22(218)	23(224)	24(228)	25(225)	26(226)	27(227)	28(200)
			Ziel														
3		<b>Niklas Saramäki</b> <b>VS Saramäki</b>	<b>1:20:41</b>	<b>1:24</b>	<b>3:55</b>	5:26	6:30	7:33	14:40	17:09	17:57	21:34	22:22	26:25	27:16	34:25	35:49
				<b>1:24</b>	2:31	1:31	1:04	1:03	7:07	2:29	0:48	<b>3:37</b>	0:48	<b>4:03</b>	0:51	<b>7:09</b>	<b>1:24</b>
				37:10	41:00	42:03	49:24	50:48	54:31	58:55	1:00:27	1:04:09	1:04:50	1:14:23	1:17:12	1:19:46	1:20:26
				<b>1:21</b>	3:50	1:03	7:21	1:24	3:43	4:24	1:32	3:42	0:41	9:33	2:49	2:34	0:40
			1:20:41														
			0:15														
4		<b>Denis Winnig</b> <b>SV IHW Alex 78 Berl</b>	<b>1:27:12</b>	1:36	4:05	5:43	6:29	7:06	13:35	15:58	16:45	20:29	21:15	25:40	26:37	34:37	36:36
				1:36	2:29	1:38	0:45	0:37	6:29	2:22	0:46	3:44	0:45	4:25	0:56	8:00	1:59
				38:22	42:12	43:16	50:11	52:09	56:58	1:01:26	1:02:55	1:06:35	1:07:20	1:17:51	1:20:48	1:26:14	1:26:54
				1:46	3:49	1:03	6:54	1:58	4:48	4:28	1:29	3:40	0:44	10:30	2:57	5:25	0:40
			1:27:12														
			0:17														
5		<b>Leon Bauer</b> <b>OK Mark Brandenb</b>	<b>1:27:19</b>	1:54	4:40	6:02	6:52	7:50	15:05	17:45	18:46	23:17	23:59	29:13	30:11	37:53	39:56
				1:54	2:46	1:22	0:50	0:58	7:15	2:40	1:01	4:31	0:42	5:14	0:58	7:42	2:03
				41:52	46:19	47:29	55:08	56:53	1:00:50	1:05:37	1:07:11	1:10:52	1:11:52	1:21:25	1:23:33	1:26:25	1:27:05
				1:56	4:27	1:10	7:39	1:45	3:57	4:47	1:34	3:41	1:00	9:33	2:08	2:52	0:40
			1:27:19														
			0:14														
6		<b>Raik Zschäckel</b> <b>SV IHW Alex 78 Berl</b>	<b>1:35:08</b>	1:36	4:49	6:36	7:32	10:55	18:01	20:42	21:43	26:04	26:52	32:02	32:59	41:40	43:19
				1:36	3:12	1:47	0:56	3:23	7:05	2:40	1:01	4:21	0:47	5:10	0:56	8:41	1:38
				44:52	49:04	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
				1:33	4:12												
			1:35:08			9:43	9:43	9:44	9:44	9:45	9:45						
			46:03			*226	*226	*226	*226	*226	*226						
7		<b>Thorsten Weigert</b> <b>TV Jahn Wolfsburg</b>	<b>1:47:42</b>	2:27	6:01	7:49	9:02	9:51	17:27	20:20	21:50	26:31	27:18	32:47	33:55	43:35	46:32
				2:27	3:33	1:47	1:13	0:49	7:35	2:53	1:30	4:40	0:47	5:29	1:07	9:40	2:57
				48:23	53:10	54:29	1:02:19	1:05:36	1:12:17	1:17:47	1:19:58	1:24:49	1:25:44	1:36:34	1:39:54	1:46:32	1:47:22
				1:50	4:47	1:18	7:49	3:17	6:40	5:29	2:11	4:51	0:55	10:49	3:19	6:38	0:49
			1:47:42														
			0:20														
8		<b>Tobias Fell</b> <b>Berliner Turnerscha</b>	<b>1:47:52</b>	2:11	5:06	6:47	7:50	8:39	16:29	19:38	20:42	25:37	26:25	31:30	32:35	44:52	46:38
				2:11	2:54	1:40	1:03	0:48	7:50	3:09	1:03	4:55	0:48	5:04	1:05	12:16	1:46
				48:57	54:40	56:01	1:04:03	1:10:23	1:15:37	1:21:05	1:23:01	1:28:10	1:29:14	1:41:28	1:43:58	1:46:52	1:47:36
				2:19	5:42	1:21	8:01	6:20	5:14	5:28	1:55	5:09	1:03	12:14	2:29	2:53	0:43
			1:47:52														
			0:16														
9		<b>Leo Graumann</b> <b>ESV Lok Berlin-Sch</b>	<b>1:58:06</b>	2:01	5:35	7:34	8:40	9:48	19:21	22:32	23:32	29:38	30:32	36:42	38:06	49:04	51:10
				2:01	3:33	1:59	1:05	1:07	9:33	3:10	1:00	6:05	0:54	6:09	1:23	10:58	2:05
				53:22	59:38	1:01:07	1:10:16	1:12:35	1:18:34	1:25:18	1:27:38	1:34:24	1:35:30	1:50:28	1:53:50	1:57:06	1:57:50
				2:12	6:15	1:29	9:08	2:19	5:59	6:44	2:19	6:46	1:05	14:58	3:21	3:16	0:44
			1:58:06														
			0:15														
10		<b>Jan Kaminsky</b> <b>BSV Halle-Ammend</b>	<b>2:06:41</b>	2:24	5:39	7:36	8:41	9:40	18:13	28:28	36:16	41:41	42:36	50:16	51:41	1:02:05	1:04:07
				2:24	3:15	1:56	1:05	0:58	8:32	10:14	7:48	5:25	0:54	7:39	1:25	10:23	2:01
				1:07:10	1:12:37	1:14:12	1:23:04	1:25:08	1:30:58	1:36:39	1:39:11	1:45:36	1:46:34	1:59:15	2:01:50	2:05:26	2:06:21
				3:03	5:26	1:34	8:51	2:04	5:49	5:41	2:31	6:25	0:57	12:40	2:35	3:36	0:54
			2:06:41														
			0:20														
11		<b>Uwe Röhner</b> <b>SV IHW Alex 78 Berl</b>	<b>2:14:49</b>	2:17	6:02	8:00	9:10	11:16	21:23	25:14	26:32	32:43	33:45	40:26	41:54	55:35	58:49
				2:17	3:45	1:57	1:10	2:06	10:07	3:50	1:18	6:10	1:02	6:41	1:27	13:41	3:14
				1:01:44	1:07:31	1:09:09	1:19:10	1:21:46	1:28:49	1:35:57	1:39:16	1:45:50	1:47:05	2:03:10	2:07:01	2:13:29	2:14:25
				2:54	5:47	1:37	10:01	2:36	7:02	7:08	3:18	6:33	1:14	16:04	3:51	6:28	0:55
			2:14:49														
			0:24														
12		<b>Oskar Frenzel</b> <b>OK Mark Brandenb</b>	<b>2:14:58</b>	2:56	6:35	8:38	9:46	11:07	19:49	24:52	25:59	32:25	33:30	40:39	42:28	52:30	54:34
				2:56	3:39	2:03	1:08	1:21	8:42	5:03	1:07	6:26	1:05	7:09	1:49	10:02	2:04
				56:42	1:09:10	1:11:09	1:20:10	1:22:57	1:33:05	1:40:31	1:43:27	1:48:43	1:49:47	2:03:10	2:10:31	2:13:39	2:14:36
				2:08	12:28	1:59	9:01	2:47	10:08	7:26	2:56	5:16	1:04	13:23	7:21	3:08	0:57
			2:14:58														
			0:22														
13		<b>Bodo Graumann</b> <b>ESV Lok Berlin-Sch</b>	<b>2:39:11</b>	2:27	6:42	10:32	11:58	13:25	23:58	28:32	30:08	37:48	39:06	47:00	48:51	1:02:50	1:05:45
				2:27	4:15	3:50	1:26	1:27	10:33	4:34	1:36	7:40	1:18	7:54	1:51	13:59	2:55
				1:09:05	1:17:04	1:19:41	1:32:59	1:36:13	1:45:10	1:54:01	1:57:22	2:04:22	2:06:05	2:24:26	2:32:10	2:37:29	2:38:45
				3:20	7:59	2:37	13:18	3:14	8:57	8:51	3:21	7:00	1:43	18:21	7:44	5:19	1:16
			2:39:11														
			0:26														
14		<b>Michael Großmann</b> <b>Betriebssportgemei</b>	<b>2:43:32</b>	2:24	6:11	9:22	10:31	16:18	24:35	29:05	30:31	36:31	37:39	44:30	45:38	58:25	1:00:35
				2:24	3:47	3:11	1:09	5:47	8:17	4:30	1:26	6:00	1:08	6:51	1:08	12:47	2:10
				1:05:20	1:26:33	1:29:14	1:37:54	1:41:39	1:48:27	2:05:31	2:10:57	2:20:05	2:21:35	2:34:02	2:37:59	2:42:27	2:43:13
				4:45	21:13	2:41	8:40	3:45	6:48	17:04	5:26	9:08	1:30	12:27	3:57	4:28	0:46
			2:43:32														
			0:19														
		<b>Robin Zschäckel</b> <b>SV IHW Alex 78 Berl</b>	<b>N Ang</b>														





Pl	tnr	Name	Zeit														
<b>H45 (Herren ab 45) (9)</b>				<b>8,5 km 100 Hm</b>			<b>19 P</b>		<i>(Forts.)</i>								
				1(237) 15(207)	2(204) 16(225)	3(220) 17(226)	4(205) 18(227)	5(219) 19(200)	6(213) Ziel	7(214)	8(212)	9(228)	10(224)	11(209)	12(218)	13(210)	14(211)
7		<b>Mario Knaack</b> <b>OK Mark Brandenb</b>	<b>2:17:58</b>	9:05 9:05 1:50:24	17:55 8:50 2:05:57	25:50 7:55 2:11:04	35:30 9:40 2:16:20	42:48 7:18 2:17:36	58:21 15:33 2:17:58	1:02:24 4:03	1:07:20 4:56	1:14:28 7:08	1:16:05 1:37	1:22:47 6:42	1:31:06 8:19	1:38:43 7:37	1:40:37 1:54
8		<b>Stefan Winterfeldt</b> <b>SV IHW Alex 78 Berl</b>	<b>2:19:41</b>	9:47 6:31 1:51:16	15:33 13:19 2:06:22	5:07 20:19 2:12:58	5:16 29:29 2:18:15	1:16 39:25 2:19:14	0:22 55:49 2:19:41	1:00:50 5:01	1:06:36 5:46	1:13:17 6:41	1:15:20 2:03	1:24:01 8:41	1:31:18 7:17	1:40:09 8:51	1:42:01 1:52
		<b>Andreas Uhlemann</b> <b>ESV Lok Berlin-Sch</b>	<b>N Ang</b>														
<b>H50 (Herren ab 50) (12)</b>				<b>7,3 km 100 Hm</b>			<b>19 P</b>										
				1(203) 15(220)	2(226) 16(204)	3(225) 17(229)	4(219) 18(227)	5(217) 19(200)	6(216) Ziel	7(215)	8(214)	9(213)	10(212)	11(228)	12(206)	13(207)	14(205)
1		<b>Uwe Brettschneider</b> <b>Kaulsdorfer OLV Be</b>	<b>56:02</b>	3:49 3:49 49:30	5:05 1:15 52:00	7:42 2:37 53:45	12:05 4:23 55:04	14:03 1:57 55:41	21:03 6:59 56:02	22:14 1:11	26:35 4:20	28:11 1:36	29:42 1:30	33:26 3:44	36:41 3:14	37:37 0:56	43:16 5:38
2		<b>Lutz Spranger</b> <b>TSV Karlshorst</b>	<b>1:01:26</b>	6:13 3:21 3:21	2:29 4:41 1:20	1:44 7:07 2:26	1:18 13:57 6:50	0:37 15:46 1:49	0:21 22:23 6:37	1:01:26 23:32	1:01:26 27:56	1:01:26 29:45	1:01:26 34:19	1:01:26 38:14	1:01:26 41:07	1:01:26 42:20	1:01:26 47:55
3		<b>Henry Jobst</b> <b>Kaulsdorfer OLV Be</b>	<b>1:05:01</b>	5:59 4:37 56:22	3:01 6:52 1:00:16	2:05 9:49 1:02:31	1:14 14:13 1:03:50	0:48 16:49 1:04:38	0:24 24:02 1:05:01	1:05:01 25:29	1:05:01 30:41	1:05:01 32:54	1:05:01 37:02	1:05:01 41:31	1:05:01 44:31	1:05:01 45:37	1:05:01 51:12
4		<b>Dirk Mönch</b> <b>Köpenicker SC</b>	<b>1:13:05</b>	4:41 4:41 1:02:15	7:22 2:40 1:07:54	10:43 3:21 1:10:16	16:39 5:56 1:11:48	18:44 2:04 1:12:40	28:16 9:31 1:13:05	1:13:05 29:51	1:13:05 36:27	1:13:05 38:48	1:13:05 41:08	1:13:05 45:36	1:13:05 48:55	1:13:05 50:26	1:13:05 56:15
5		<b>Stefan Röhl</b> <b>OLF Mainz</b>	<b>1:14:49</b>	5:59 4:36 1:05:06	5:39 6:23 1:08:38	2:21 9:34 1:11:45	1:32 15:02 1:13:31	0:52 17:41 1:14:26	0:24 25:53 1:14:49	1:14:49 27:29	1:14:49 33:25	1:14:49 35:50	1:14:49 38:17	1:14:49 43:45	1:14:49 47:19	1:14:49 49:03	1:14:49 55:01
6		<b>Holger Ehms</b> <b>SG LVB Leipzig</b>	<b>1:16:15</b>	10:05 4:15 1:07:34	3:31 11:25 1:11:03	3:07 14:45 1:13:33	1:45 20:44 1:15:08	0:55 22:46 1:15:56	0:22 31:56 1:16:15	1:16:15 33:19	1:16:15 39:08	1:16:15 41:18	1:16:15 43:51	1:16:15 48:42	1:16:15 52:03	1:16:15 53:39	1:16:15 59:43
7		<b>Thomas Grassow</b> <b>Kaulsdorfer OLV Be</b>	<b>1:37:04</b>	7:50 6:30 1:26:03	3:29 8:37 1:30:56	2:29 12:12 1:34:03	1:35 19:01 1:35:49	0:48 22:45 1:36:43	0:19 34:01 1:37:04	1:37:04 35:55	1:37:04 42:04	1:37:04 45:43	1:37:04 50:02	1:37:04 55:26	1:37:04 1:00:48	1:37:04 1:02:42	1:37:04 1:18:33
8	1	<b>Udo Templiner</b> <b>VS Templiner</b>	<b>1:40:14</b>	7:30 7:15 1:27:56	4:53 2:28 1:32:55	3:06 4:31 1:36:24	1:46 6:09 1:38:50	0:54 3:21 1:39:51	0:21 10:19 1:40:14	1:40:14 39:06	1:40:14 47:55	1:40:14 51:30	1:40:14 58:15	1:40:14 1:06:27	1:40:14 1:11:21	1:40:14 1:13:45	1:40:14 1:20:12
9		<b>Tom Zaunik</b> <b>OLV Potsdam</b>	<b>1:41:27</b>	7:44 6:16 1:27:50	4:59 10:07 1:34:01	3:29 14:44 1:37:23	2:26 22:10 1:39:39	1:01 26:54 1:40:55	0:23 38:22 1:41:27	1:41:27 40:32	1:41:27 47:35	1:41:27 51:23	1:41:27 56:48	1:41:27 1:04:25	1:41:27 1:09:32	1:41:27 1:11:55	1:41:27 1:19:44
10		<b>David Knuth</b> <b>OLV Potsdam</b>	<b>2:01:33</b>	8:06 5:12 1:44:06	6:11 7:50 1:51:33	3:22 12:30 1:56:02	2:16 19:30 1:58:44	1:16 24:09 2:00:59	0:32 39:08 2:01:33	2:01:33 41:40	2:01:33 49:44	2:01:33 54:00	2:01:33 1:05:15	2:01:33 1:13:42	2:01:33 1:20:38	2:01:33 1:23:06	2:01:33 1:31:32
		<b>Andreas Neitzel</b> <b>Köpenicker SC</b>	<b>Aufg</b>	12:34 5:46 -----	7:27 6:03 -----	4:29 23:25 -----	2:42 7:12 -----	2:15 47:31 1:52:31	0:34 57:54 1:53:35	2:01:33 1:00:04 2:09	2:01:33 1:07:00 6:55	2:01:33 1:16:52 9:52	2:01:33 1:30:03 13:11	2:01:33 -----	2:01:33 -----	2:01:33 -----	2:01:33 -----
		<b>Andrey Nedoborovs</b> <b>BSV Halle-Ammend</b>	<b>N Ang</b>														
<b>H55 (Herren ab 55) (17)</b>				<b>6,8 km 90 Hm</b>			<b>17 P</b>										
				1(227) 15(204)	2(220) 16(203)	3(233) 17(200)	4(211) Ziel	5(218)	6(224)	7(228)	8(212)	9(214)	10(213)	11(205)	12(219)	13(225)	14(226)
1		<b>Raimondas Olisaus</b> <b>Berliner TSC</b>	<b>57:13</b>	4:50 4:50 53:03	9:42 4:51 53:57	12:09 2:27 56:54	15:20 3:11 57:13	17:03 1:42	21:17 4:14	22:10 0:52	28:55 6:45	31:38 2:42	33:29 1:51	40:12 6:42	44:08 3:56	49:02 4:53	52:04 3:02
2		<b>Michael Dube-Spuh</b> <b>TSV Karlshorst</b>	<b>57:52</b>	4:20 4:20 53:15	9:40 5:19 54:09	11:53 2:13 57:28	15:07 3:13 57:52	17:04 1:56	21:29 4:24	22:21 0:52	26:24 4:02	28:35 2:11	30:27 1:52	37:03 6:35	41:59 4:56	49:17 7:18	52:05 2:47
3		<b>Michael Hase</b> <b>TSV Karlshorst</b>	<b>1:02:45</b>	1:10 3:23 3:23 58:32	0:53 8:06 4:43	2:56 10:21 2:15	0:18 13:42 3:21	0:23 15:52 2:10	1:02:45 21:58 6:06	1:02:45 22:55 0:57	1:02:45 29:29 6:34	1:02:45 32:17 2:48	1:02:45 37:42 5:25	1:02:45 44:19 6:37	1:02:45 49:14 4:55	1:02:45 55:18 6:04	1:02:45 57:31 2:13

Pl	tnr	Name	Zeit														
<b>H55 (Herren ab 55) (17)</b>				<b>6,8 km 90 Hm</b>				<b>17 P</b>				<b>(Forts.)</b>					
				1(227) 15(204)	2(220) 16(203)	3(233) 17(200)	4(211) Ziel	5(218)	6(224)	7(228)	8(212)	9(214)	10(213)	11(205)	12(219)	13(225)	14(226)
4		<b>Johannes Kremlace</b> <b>ESV Lok Berlin-Sch</b>	<b>1:03:09</b>	<b>2:59</b> 57:58 1:07	8:23 59:05 1:07	11:08 1:02:42 3:37	14:41 1:03:09 0:27	17:01 2:20	22:43 5:42	23:47 1:04	28:19 4:32	31:10 2:51	33:33 2:23	41:48 8:15	47:39 5:51	53:31 5:52	56:51 3:20
5		<b>Bernd Käding</b> <b>Kaulsdorfer OLV Be</b>	<b>1:03:49</b>	7:01 1:07	11:46 1:07	14:05 3:37	17:13 0:27	19:57 2:44	26:27 6:30	27:36 1:09	31:51 4:15	35:33 3:42	37:44 2:11	45:20 7:36	49:57 4:37	55:28 5:31	58:16 2:48
6		<b>Jan von Szada</b> <b>OLV Potsdam</b>	<b>1:04:21</b>	3:58 1:07	9:12 0:57	11:29 3:06	14:57 0:18	17:26 2:29	22:26 4:59	23:21 0:55	27:45 4:24	32:22 4:36	34:25 2:03	41:36 7:10	48:47 7:11	53:56 5:08	57:18 3:22
7		<b>Lutz Wohlrabe</b> <b>ESV Lok Berlin-Sch</b>	<b>1:05:56</b>	3:10 1:01:26	8:47 1:02:33	11:19 1:05:40	15:02 1:05:56	17:43 1:38	23:25 1:07	24:33 1:07	29:47 5:14	33:57 4:10	36:58 3:00	45:36 8:38	50:50 5:13	56:35 5:45	59:48 3:12
8		<b>Ralf Büchner</b> <b>BSV Halle-Ammend</b>	<b>1:07:03</b>	3:10 1:19	9:05 1:20	11:58 3:48	15:45 0:23	18:21 2:36	24:03 5:42	25:17 1:14	30:39 5:22	33:48 3:09	36:25 2:37	45:43 9:18	50:45 5:02	56:35 5:50	1:00:13 3:38
9		<b>Gerhard Brettschne</b> <b>Kaulsdorfer OLV Be</b>	<b>1:10:06</b>	3:26 1:05:45	8:27 1:06:30	10:41 1:09:44	14:07 1:10:06	19:55 5:47	24:51 9:43	25:52 1:01	29:59 4:06	33:16 3:17	35:24 2:08	43:29 8:04	55:31 12:02	59:55 4:24	1:02:41 2:45
10		<b>Andreas Kapischke</b> <b>OK Mark Brandenb</b>	<b>1:10:58</b>	4:02 1:05:55	9:32 1:06:56	12:18 1:10:39	15:45 1:10:58	18:54 1:12	24:49 1:01	26:14 1:25	32:35 6:21	37:58 5:23	40:14 2:16	51:27 11:13	56:16 4:49	1:01:39 5:23	1:04:43 3:04
11		<b>Henry Jahn</b> <b>SV Bad Dübén</b>	<b>1:11:01</b>	3:28 1:05:49	9:29 1:07:05	12:21 1:10:39	18:47 1:11:01	21:24 2:37	27:10 5:46	28:29 1:19	33:33 5:04	38:04 4:31	40:43 2:39	49:29 8:46	55:15 5:46	1:01:01 5:46	1:04:05 3:04
12		<b>Burkhard Otto</b> <b>ESV Lok Magdebur</b>	<b>1:13:31</b>	3:04 1:07:10	8:34 1:08:20	11:16 1:13:05	14:46 1:13:31	17:01 2:15	22:27 5:25	23:42 1:15	28:22 4:39	35:11 6:49	37:32 2:20	46:22 8:50	52:35 6:12	1:00:16 7:41	1:05:49 5:32
13		<b>Kai Dalüge</b> <b>SV IHW Alex 78 Berl</b>	<b>1:15:26</b>	4:02 1:09:41	9:23 1:11:03	12:11 1:15:05	15:44 1:15:26	20:50 5:06	27:45 6:55	29:03 1:18	34:02 4:59	38:03 4:01	40:21 2:18	49:01 8:40	55:02 6:01	1:03:10 8:08	1:07:08 3:58
14		<b>Frank Hursie</b> <b>USC Magdeburg</b>	<b>1:15:45</b>	3:41 1:08:42	8:31 1:11:35	10:53 1:15:20	14:18 1:15:45	22:14 7:56	27:52 5:38	29:16 1:24	33:31 4:15	37:13 3:42	39:42 2:29	46:38 6:56	53:23 6:45	58:09 4:46	1:02:48 4:39
15		<b>Michael Neidhardt</b> <b>ESV Lok Berlin-Sch</b>	<b>1:16:02</b>	3:47 1:10:45	9:58 1:11:54	13:01 1:15:38	17:22 1:16:02	20:10 1:43	26:07 1:08	27:39 1:32	33:06 5:27	37:34 4:27	40:43 3:08	49:39 8:56	57:12 7:33	1:04:29 7:16	1:09:02 4:33
16		<b>André Feldmann</b> <b>Kaulsdorfer OLV Be</b>	<b>1:47:33</b>	5:47 1:40:05	14:21 1:41:43	18:27 1:47:03	25:48 1:47:33	30:39 1:58	39:57 9:18	41:45 1:48	49:15 7:29	56:28 7:12	1:01:14 4:46	1:13:29 12:15	1:21:46 8:16	1:31:50 10:04	1:38:07 6:16
		<b>Sven Demmig</b> <b>Kaulsdorfer OLV Be</b>	<b>N Ang</b>														

<b>H60 (Herren ab 60) (8)</b>				<b>6,3 km 100 Hm</b>				<b>16 P</b>									
				1(227) 15(203)	2(229) 16(200)	3(203) Ziel	4(204)	5(226)	6(225)	7(219)	8(217)	9(214)	10(212)	11(213)	12(206)	13(205)	14(220)
1		<b>Olaf Schwenk</b> <b>TSV Karlshorst</b>	<b>1:00:15</b>	<b>2:54</b> 55:53	<b>4:51</b> 59:48	<b>6:14</b> 1:00:15	<b>7:18</b> 1:04	9:42 2:23	<b>12:39</b> 2:57	<b>18:05</b> 5:26	<b>20:20</b> 2:14	<b>29:36</b> 9:16	<b>32:30</b> 2:54	<b>35:55</b> 3:25	<b>41:47</b> 5:51	<b>46:42</b> 4:55	<b>53:02</b> 6:20
2		<b>Norbert Zenker</b> <b>USV TU Dresden</b>	<b>1:05:57</b>	2:50 3:40	3:54 5:50	0:27 7:08	8:01 0:53	<b>9:36</b> 1:35	12:49 3:13	18:29 5:40	21:01 2:32	29:42 8:41	36:09 6:27	38:23 2:14	44:45 6:22	51:40 6:55	58:59 7:19
3		<b>Uwe Jürgens</b> <b>SV IHW Alex 78 Berl</b>	<b>1:09:52</b>	2:57 3:22	3:38 5:39	<b>0:23</b> 7:21	11:25 4:04	12:26 1:01	15:43 3:17	21:36 5:53	23:44 2:08	32:53 9:09	35:42 2:49	39:02 3:20	47:19 8:17	54:12 6:53	1:00:59 6:47
4		<b>Bernd Graumann</b> <b>ESV Lok Berlin-Sch</b>	<b>1:12:30</b>	4:55 8:49	3:33 11:03	0:25 12:25	13:16 0:50	15:07 1:51	18:24 3:17	23:51 5:26	27:03 3:11	36:14 9:11	39:15 3:01	42:01 2:46	49:40 7:38	56:34 6:54	1:03:57 7:23

Pl	tnr	Name	Zeit														
<b>H60 (Herren ab 60) (8)</b>				<b>6,3 km 100 Hm</b>			<b>16 P</b>					<i>(Forts.)</i>					
				1(227) 15(203)	2(229) 16(200)	3(203) Ziel	4(204)	5(226)	6(225)	7(219)	8(217)	9(214)	10(212)	11(213)	12(206)	13(205)	14(220)
5		<b>Holger Jurack</b> <b>ESV Lok Magdebur</b>	<b>1:15:27</b>	6:00 6:00 1:11:37 3:00	8:23 2:23 1:14:57 <b>3:20</b>	9:57 1:34 1:15:27 0:30	12:54 2:57	14:17 1:23	17:49 3:32	22:44 <b>4:55</b>	25:35 2:51	42:59 17:24	45:29 <b>2:30</b>	47:52 2:23	55:17 7:25	1:01:50 6:33	1:08:37 6:47
6		<b>Ronald Ansoerge</b> <b>SV Robotron Dresd</b>	<b>1:22:54</b>	4:36 1:17:17 4:00	7:30 1:22:18 5:01	9:42 1:22:54 0:36	11:19 1:37	13:07 1:48	17:26 4:19	25:22 7:56	28:21 2:59	42:05 13:44	46:30 4:25	50:00 3:30	58:03 8:03	1:04:35 6:32	1:13:17 8:42
7	4	<b>Frank Heidrich</b> <b>DAV Zittau</b>	<b>1:32:45</b>	9:07 9:07 1:28:39 <b>2:40</b>	11:16 2:09 1:32:06 3:27	12:55 1:39 1:32:45 0:39	15:49 2:54	17:26 1:37	20:46 3:20	26:55 6:09	29:25 2:30	41:22 11:57	49:40 8:18	52:45 3:05	1:03:26 10:41	1:14:12 10:46	1:25:59 11:47
		<b>Carlos Calderón Pu</b> <b>ESV Lok Berlin-Sch</b>	<b>Aufg</b>	5:31 5:31 -----	9:05 3:34 2:03:30	11:12 2:07 2:04:32	20:33 9:21	23:35 3:02	34:08 10:33	55:46 21:38	59:06 3:20	1:12:20 13:14	1:41:02 28:42	-----	-----	-----	-----
				-----	2:03:30 22:28	2:04:32 1:02											
<b>H65 (Herren ab 65) (11)</b>				<b>5,4 km 90 Hm</b>			<b>13 P</b>										
				1(238)	2(203)	3(204)	4(217)	5(206)	6(207)	7(228)	8(224)	9(218)	10(211)	11(220)	12(237)	13(200)	Ziel
1		<b>Konrad Tonn</b> <b>SSV Planeta Radebe</b>	<b>59:22</b>	<b>3:24</b> <b>3:24</b>	<b>6:14</b> <b>2:49</b>	<b>7:35</b> 1:21	<b>15:51</b> <b>8:16</b>	<b>24:34</b> 8:42	31:03 6:29	34:37 <b>3:34</b>	35:42 <b>1:05</b>	<b>42:46</b> 7:03	<b>45:35</b> <b>2:49</b>	<b>51:53</b> <b>6:18</b>	<b>56:25</b> <b>4:31</b>	<b>58:56</b> 2:30	<b>59:22</b> 0:26
2		<b>Michael Frenzel</b> <b>ESV Lok Berlin-Sch</b>	<b>1:05:40</b>	3:50 3:50	6:58 3:08	8:27 1:28	20:24 11:57	28:39 8:15	34:48 6:09	38:35 3:46	40:00 1:25	47:14 7:14	51:00 3:45	58:40 7:40	1:03:16 4:35	1:05:16 <b>2:00</b>	1:05:40 0:23
3		<b>Hans-Peter Blome</b> <b>Berliner TSC</b>	<b>1:05:54</b>	4:10 4:10	7:51 3:41	9:06 <b>1:15</b>	19:46 10:40	27:50 <b>8:04</b>	<b>29:40</b> 1:50	<b>33:46</b> 4:06	<b>35:07</b> 1:21	43:53 8:46	48:28 4:35	57:46 9:18	1:03:16 5:30	1:05:29 2:13	1:05:54 0:25
4		<b>Wolfgang Kössler</b> <b>Volkssport Berlin</b>	<b>1:11:40</b>	4:10 4:10	8:17 4:07	10:06 1:49	19:53 9:47	33:46 13:53	35:06 <b>1:20</b>	40:08 5:02	42:13 2:05	49:16 <b>7:03</b>	53:57 4:41	1:03:42 9:45	1:08:53 5:11	1:11:21 2:28	1:11:40 <b>0:19</b>
5		<b>Rudolf Herold</b> <b>Kaulsdorfer OLV Be</b>	<b>1:20:52</b>	4:49 4:49	9:00 4:11	10:37 1:37	21:33 10:56	36:35 15:02	39:32 2:57	45:31 5:59	47:17 1:46	56:05 8:48	1:00:09 4:04	1:10:17 10:08	1:17:22 7:05	1:20:15 2:53	1:20:52 0:37
6		<b>Gerhard Bader</b> <b>ESV Lok Magdebur</b>	<b>1:34:42</b>	4:22 4:22	8:33 4:11	11:18 2:45	21:58 10:40	52:30 30:32	54:11 1:41	58:25 4:14	1:00:01 1:36	1:10:14 10:13	1:13:29 3:15	1:25:10 11:41	1:31:24 6:14	1:34:07 2:43	1:34:42 0:35
7		<b>Matthias Wauer</b> <b>OLV Potsdam</b>	<b>1:47:59</b>	5:04 5:04	9:24 4:20	11:00 1:36	23:23 12:23	56:26 33:03	58:20 1:54	1:04:06 5:46	1:07:58 3:52	1:17:35 9:37	1:23:04 5:29	1:38:04 15:00	1:44:39 6:35	1:47:28 2:49	1:47:59 0:31
AK		<b>Max Metzger</b> <b>OLV Potsdam</b>	<b>1:11:25</b>	4:00 4:00	7:56 3:55	9:14 1:18	21:30 12:15	33:11 11:41	34:54 1:42	39:26 4:31	40:54 1:27	49:34 8:40	52:28 2:53	1:01:42 9:13	1:07:48 6:06	1:10:37 2:48	1:11:25 0:47
AK		<b>Isganaitis Jurgis</b> <b>Berliner TSC</b>	<b>2:00:53</b>	5:52 5:52	12:11 6:19	15:50 3:39	32:23 16:33	54:45 22:22	56:53 2:08	1:06:08 9:15	1:09:05 2:57	1:23:04 13:59	1:29:47 6:43	1:44:19 14:32	1:54:56 10:37	2:00:19 5:23	2:00:53 0:34
		<b>Norbert Kuckert</b> <b>OLV Potsdam</b>	<b>N Ang</b>														
		<b>Wolfgang Fink</b> <b>TSV 90 Röbel</b>	<b>N Ang</b>														
<b>H70 (Herren ab 70) (1)</b>				<b>4,1 km 60 Hm</b>			<b>11 P</b>										
				1(237)	2(220)	3(207)	4(206)	5(219)	6(203)	7(204)	8(226)	9(229)	10(227)	11(200)	Ziel		
1		<b>Bernd Wollenberg</b> <b>SV Schorfheide</b>	<b>1:08:33</b>	<b>3:13</b> <b>3:13</b>	<b>11:12</b> <b>7:59</b>	<b>22:44</b> <b>11:32</b>	<b>24:47</b> <b>2:03</b>	<b>38:19</b> <b>13:32</b>	<b>50:03</b> <b>11:44</b>	<b>52:11</b> <b>2:08</b>	<b>58:00</b> <b>5:49</b>	<b>1:01:58</b> <b>3:58</b>	<b>1:05:26</b> <b>3:28</b>	<b>1:07:56</b> <b>2:30</b>	<b>1:08:33</b> <b>0:37</b>		
<b>H75 (Herren ab 75) (3)</b>				<b>3,7 km 90 Hm</b>			<b>12 P</b>										
				1(202)	2(223)	3(220)	4(205)	5(219)	6(225)	7(226)	8(204)	9(203)	10(229)	11(227)	12(200)	Ziel	
1		<b>Walter Ohk</b> <b>USC Magdeburg</b>	<b>52:19</b>	<b>4:11</b> <b>4:11</b>	<b>7:14</b> <b>3:03</b>	<b>10:28</b> <b>3:14</b>	<b>20:48</b> 10:20	<b>28:08</b> <b>7:20</b>	<b>35:21</b> <b>7:13</b>	42:40 7:19	44:35 <b>1:55</b>	46:00 <b>1:25</b>	<b>48:10</b> <b>2:10</b>	<b>50:32</b> <b>2:22</b>	<b>51:53</b> 1:21	<b>52:19</b> <b>0:26</b>	
2		<b>Hans Güth</b> <b>OLV Potsdam</b>	<b>52:31</b>	5:17 5:17	8:44 3:27	12:18 3:33	21:58 <b>9:40</b>	29:41 7:43	37:12 7:31	<b>41:33</b> <b>4:20</b>	<b>43:40</b> 2:06	<b>45:23</b> 1:43	48:11 2:47	50:45 2:34	52:05 <b>1:19</b>	52:31 0:26	
3		<b>Rolf Thiel</b> <b>SV IHW Alex 78 Berl</b>	<b>1:05:44</b>	5:39 5:39	9:36 3:57	13:09 3:33	23:00 9:51	30:42 7:42	39:17 8:35	46:18 7:01	56:41 10:23	58:17 1:36	1:01:03 2:46	1:03:41 2:38	1:05:08 1:27	1:05:44 0:36	
<b>H80 (Herren ab 80) (2)</b>				<b>3,1 km 50 Hm</b>			<b>10 P</b>										
				1(238)	2(220)	3(217)	4(219)	5(225)	6(226)	7(204)	8(203)	9(227)	10(200)	Ziel			
1		<b>Peter Wichmann</b> <b>USC Magdeburg</b>	<b>48:47</b>	<b>4:38</b> <b>4:38</b>	<b>8:52</b> <b>4:14</b>	<b>18:20</b> <b>9:28</b>	<b>22:14</b> <b>3:54</b>	<b>30:14</b> <b>8:00</b>	<b>38:37</b> <b>8:23</b>	<b>40:09</b> <b>1:32</b>	<b>42:01</b> <b>1:52</b>	<b>46:54</b> <b>4:53</b>	<b>48:18</b> <b>1:24</b>	<b>48:47</b> <b>0:29</b>			
		<b>Eberhard Lemnitzer</b> <b>Kaulsdorfer OLV Be</b>	<b>Aufg</b>	7:52 7:52	16:12 8:20	1:06:36 50:24	-----	-----	-----	-----	-----	-----	-----	2:21:49 1:15:13			