

| Pl | Zeit | Name | Jg | Verein | Region |
|----------------------|--------|---------------------------|---------------|----------------------------|-------------|
| D-10 (1) | | | 1,9 km | 10 Hm | 6 P |
| 1 | 15:18 | Fischer, Mila | 07 | OLV Potsdam | Bbg |
| D-12 (4) | | | 2,4 km | 20 Hm | 8 P |
| 1 | 23:58 | Schneider, Anne Charlotte | 03 | OK Mark Brandenburg | Bbg |
| 2 | 28:51 | Finkenstaedt, Antonia | 04 | OLV Potsdam | Bbg |
| 3 | 30:01 | Wilke, Alina | 03 | OK Mark Brandenburg | Bbg |
| 4 | 35:53 | Kowsky, Victoria | 03 | OK Mark Brandenburg | Bbg |
| D-14 (5) | | | 3,1 km | 55 Hm | 8 P |
| 1 | 25:21 | Leonhardt, Charlotte | 01 | SV IHW Alex 78 Berlin | Bln |
| 2 | 25:29 | Finkenstaedt, Franziska | 01 | OLV Potsdam | Bbg |
| 3 | 34:22 | Rheinfels, Nell | 01 | ESV Lok Berlin-Schöneweide | Bln |
| 4 | 37:19 | Knaack, Sarah | 01 | OK Mark Brandenburg | Bbg |
| 5 | 52:33 | Knaack, Lisa | 01 | OK Mark Brandenburg | Bbg |
| D-16 (3) | | | 4,4 km | 60 Hm | 13 P |
| 1 | 45:22 | Siebert, Stine | 99 | OLV Potsdam | Bbg |
| 2 | 62:37 | Suchland, Clara | 00 | Köpenicker SC | Bln |
| 3 | 78:03 | Heiner, Anne | 99 | OK Mark Brandenburg | Bbg |
| D-18 (2) | | | 5,1 km | 60 Hm | 15 P |
| 1 | 101:01 | Wolf, Elisa | 97 | Kaulsdorfer OLV | Bln |
| 2 | 104:03 | Jobst, Thessa | 98 | Kaulsdorfer OLV | Bln |
| D19- Kurz (5) | | | 4,4 km | 60 Hm | 13 P |
| 1 | 44:24 | Kusber, Laura | 95 | OK Mark Brandenburg | Bbg |
| 2 | 63:17 | Brettschneider, Ina | 95 | Kaulsdorfer OLV | Bln |
| 3 | 73:12 | Wollenberg, Grit | 86 | Berliner TSC | Bln |
| 4 | 89:48 | Lorenz, Alexandra | 80 | OLV Potsdam | Bbg |
| 5 | 116:07 | Mizuguchi, Ayano | 74 | Volkssport Berlin 3 | Bln |
| D19- Lang (8) | | | 7,1 km | 115 Hm | 21 P |
| 1 | 64:25 | Löwinger, Maria | 81 | SSV Planeta Radebeul | |
| 2 | 65:17 | Frenzel, Friederike | 75 | ESV Lok Berlin-Schöneweide | Bln |
| 3 | 68:56 | Heidrich, Elisabeth | 88 | SV Robotron Dresden | |
| 4 | 80:25 | Vogel, Kristin | 83 | OLV Potsdam | Bbg |
| 5 | 82:53 | Kapischke, Solveig | 72 | OK Mark Brandenburg | Bbg |
| 6 | 85:02 | Trappe, Kathrin | 86 | TOLF Berlin | Bln |
| 7 | 86:04 | Kuckert, Carla | 92 | ESV Lok Dessau | |
| 8 | 137:31 | Jungandreas, Petula | 85 | Kaulsdorfer OLV | Bln |
| D35- (5) | | | 6,7 km | 95 Hm | 18 P |
| 1 | 55:58 | Zschäckel, Daniela | 72 | SV IHW Alex 78 Berlin | Bln |
| 2 | 71:37 | Leonhardt, Annette | 67 | Treptower SV 1949 | Bln |
| 3 | 80:00 | Charlet, Katrin | 68 | Kaulsdorfer OLV | Bln |
| 4 | 84:03 | Bringezu, Kristina | 69 | OLV Potsdam | Bbg |
| 5 | 103:02 | Becker, Claudia | 77 | Berliner Turnerschaft | Bln |

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|-----------------------------------|-------|------------------------|----|----------------------------|--------|
| D45- (9) 4,7 km 70 Hm 15 P | | | | | |
| 1 | 43:42 | Kubald, Katrin | 69 | Kaulsdorfer OLV | Bln |
| 2 | 54:20 | Brettschneider, Gudrun | 60 | Kaulsdorfer OLV | Bln |
| 3 | 58:48 | Wollenberg, Ute | 66 | ESV Lok Potsdam | Bbg |
| 4 | 65:19 | Goericke, Jacqueline | 68 | Berliner TSC | Bln |
| 5 | 68:32 | Boeck, Ute | 67 | Kaulsdorfer OLV | Bln |
| 6 | 76:42 | Kaminski, Katja | 67 | Charlottenburger TSV | Bln |
| 7 | 78:43 | Koch, Eva | 68 | Kaulsdorfer OLV | Bln |
| 8 | 79:26 | Behling, Sabine | 68 | USC Magdeburg | Bln |
| | | Fehlst Hille, Marita | 68 | Berliner Turnerschaft | Bln |
| D50- (5) 4,4 km 60 Hm 13 P | | | | | |
| 1 | 52:47 | Ahlburg, Kerstin | 65 | SV IHW Alex 78 Berlin | Bln |
| 2 | 54:12 | Jensch, Monika | 62 | OK Mark Brandenburg | Bbg |
| 3 | 58:00 | Kusber, Anke | 64 | OK Mark Brandenburg | Bbg |
| 4 | 61:51 | Braatz, Monika | 57 | Treptower SV 1949 | Bln |
| 5 | 72:20 | Büchner, Beate | 64 | SV IHW Alex 78 Berlin | Bln |
| D55- (2) 3,7 km 50 Hm 11 P | | | | | |
| 1 | 49:57 | Lehmann, Gabriela | 57 | Kaulsdorfer OLV | Bln |
| 2 | 67:46 | Schlingmann, Ruth | 57 | Volkssport Berlin 2 | Bln |
| D60- (3) 3,7 km 50 Hm 11 P | | | | | |
| 1 | 54:50 | Lemnitzer, Erika | 42 | Kaulsdorfer OLV | Bln |
| 2 | 64:54 | Römhild, Gabi | 50 | SV IHW Alex 78 Berlin | Bln |
| 3 | 70:02 | Thiel, Susi | 47 | SV IHW Alex 78 Berlin | Bln |
| D65- (1) 3,4 km 40 Hm 10 P | | | | | |
| 1 | 70:26 | Fillinger, Rosemarie | 47 | SV IHW Alex 78 Berlin | Bln |
| H-10 (4) 1,9 km 10 Hm 6 P | | | | | |
| 1 | 19:14 | Upmeier, Joost | 06 | Berliner Turnerschaft | Bln |
| 2 | 19:33 | Pinker, Florian | 06 | OK Mark Brandenburg | Bbg |
| 3 | 24:37 | Bringezu, Antonio | 05 | OLV Potsdam | Bbg |
| 4 | 39:57 | Fischer, Leander | 09 | OLV Potsdam | Bbg |
| H-12 (3) 2,4 km 20 Hm 8 P | | | | | |
| 1 | 16:06 | Lange, Jonas | 04 | SV IHW Alex 78 Berlin | Bln |
| 2 | 16:51 | Wolf, Bjarne | 04 | Kaulsdorfer OLV | Bln |
| 3 | 56:31 | Jobst, Tobin | 03 | Kaulsdorfer OLV | Bln |
| H-14 (6) 3,8 km 65 Hm 11 P | | | | | |
| 1 | 40:15 | Kapischke, Arne | 01 | OK Mark Brandenburg | Bbg |
| 2 | 41:12 | Kalkbrenner, Daniel | 01 | OK Mark Brandenburg | Bbg |
| 3 | 43:42 | Rudert, Henrik | 02 | SV IHW Alex 78 Berlin | Bln |
| 4 | 55:46 | Brand, Fabian | 01 | ESV Lok Berlin-Schöneweide | Bln |
| 5 | 70:01 | Bringezu, Theo | 02 | OLV Potsdam | Bbg |

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| H-14 (6) | | 3,8 km 65 Hm 11 P | | (Forts.) | |
| | | Fehlst Plock, Dominic | 01 | OLV Potsdam | Bbg |
| H-16 (7) | | 5,1 km 60 Hm 15 P | | | |
| 1 | 43:59 | Frenzel, Oskar | 00 | ESV Lok Berlin-Schöneweide | Bln |
| 2 | 50:47 | Behling, Sven | 99 | USC Magdeburg | |
| 3 | 53:34 | Jaenicke, Anton | 00 | OK Mark Brandenburg | Bbg |
| 4 | 70:13 | Valiente, Simon | 99 | ESV Lok Berlin-Schöneweide | Bln |
| 5 | 73:42 | Wolf, Erik | 00 | Kaulsdorfer OLV | Bln |
| 6 | 75:38 | Grassow, Leonhard | 00 | Kaulsdorfer OLV | Bln |
| 7 | 76:39 | Bauer, Leon | 00 | OK Mark Brandenburg | Bbg |
| H-18 (6) | | 7,1 km 115 Hm 21 P | | | |
| 1 | 48:14 | Bräuer, Dennis | 99 | SV Lengefeld | |
| 2 | 49:22 | Kapischke, Henning | 99 | OK Mark Brandenburg | Bbg |
| 3 | 52:17 | Scholtz, Paul | 97 | Berliner TSC | Bln |
| 4 | 54:44 | Zschäckel, Robin | 97 | SV IHW Alex 78 Berlin | Bln |
| 5 | 74:20 | Kusber, Paul | 97 | OK Mark Brandenburg | Bbg |
| 6 | 82:25 | Knaack, Tobias | 98 | OK Mark Brandenburg | Bbg |
| H19- Kurz (6) | | 6,7 km 95 Hm 18 P | | | |
| 1 | 45:12 | Lange, Udo | 71 | SV IHW Alex 78 Berlin | Bln |
| 2 | 80:30 | Walter, Harald | 69 | SV IHW Alex 78 Berlin | Bln |
| 3 | 85:49 | Brettschneider, Max | 84 | Kaulsdorfer OLV | Bln |
| 4 | 91:49 | Brettschneider, Erik | 98 | Kaulsdorfer OLV | Bln |
| 5 | 100:13 | Knaack, Mario | 73 | OK Mark Brandenburg | Bbg |
| 6 | 120:57 | Joos, Lukas | 92 | Berliner Turnerschaft | Bln |
| H19- Lang (18) | | 9,6 km 145 Hm 29 P | | | |
| 1 | 54:24 | Ahlburg, Martin | 88 | SV IHW Alex 78 Berlin | Bln |
| 2 | 54:58 | Otto, Mark | 96 | Kaulsdorfer OLV | Bln |
| 3 | 55:07 | Goericke, Marvin | 91 | Berliner TSC | Bln |
| 4 | 58:40 | Schmiedeberg, Nils | 67 | SV Turbine Neubrandenburg | M-V |
| 5 | 61:17 | Finkenstaedt, Michael | 65 | OLV Uslar | |
| 6 | 63:25 | Spengler, Andreas | 61 | ESV Lok Dessau | |
| 7 | 63:58 | Graumann, Leo | 96 | ESV Lok Berlin-Schöneweide | Bln |
| 8 | 64:10 | Fleiß, Sebastian | 96 | Berliner TSC | Bln |
| 9 | 64:21 | Zschäckel, Raik | 67 | SV IHW Alex 78 Berlin | Bln |
| 10 | 65:51 | Heidrich, Hannes | 82 | SV Robotron Dresden | |
| 11 | 68:10 | Sziládi, Tamás | 83 | ESV Lok Berlin-Schöneweide | Bln |
| 12 | 75:33 | Spengler, Daniel | 80 | ESV Lok Dessau | |
| 13 | 78:35 | Schütz, Benno | 84 | OLF Mainz | |
| 14 | 82:42 | Graumann, Bodo | 88 | ESV Lok Berlin-Schöneweide | Bln |
| 15 | 85:08 | Jobst, Henry | 70 | Kaulsdorfer OLV | Bln |
| 16 | 87:23 | Boeck, Sascha | 89 | USV TU Dresden | |
| 17 | 93:49 | Schramm, Erwin | 85 | Kaulsdorfer OLV | Bln |
| 18 | 121:29 | Schwartz, Tobias | 80 | Berliner TSC | Bln |

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| H35- (6) 8,5 km 140 Hm 27 P | | | | | |
| 1 | 61:01 | Bleidorn, Stefan | 68 | Treptower SV 1949 | Bln |
| 2 | 76:12 | Lorenz, Haik | 79 | OLV Potsdam | Bbg |
| 3 | 79:34 | Brettschneider, Hartmut | 58 | Kaulsdorfer OLV | Bln |
| 4 | 88:56 | Uhlemann, Andreas | 75 | ESV Lok Berlin-Schöneweide | Bln |
| 5 | 134:33 | Sapalas, Mindaugas | 79 | SV IHW Alex 78 Berlin | Bln |
| AK | 68:59 | Thiermann, Sven | 71 | OLV Potsdam | Bbg |
| H40- (1) 8,2 km 115 Hm 23 P | | | | | |
| 1 | 85:12 | Rudert, Andreas | 69 | SV IHW Alex 78 Berlin | Bln |
| H45- (11) 7,1 km 115 Hm 21 P | | | | | |
| 1 | 52:15 | Brettschneider, Gerhard | 54 | Kaulsdorfer OLV | Bln |
| 2 | 56:07 | Behling, Carsten | 68 | USC Magdeburg | |
| 3 | 60:30 | Demmig, Sven | 66 | Kaulsdorfer OLV | Bln |
| 4 | 60:40 | Finkenstaedt, Björn | 68 | OLV Potsdam | Bbg |
| 5 | 64:21 | Hase, Michael | 63 | Treptower SV 1949 | Bln |
| 6 | 64:42 | Trösch, Urs | 66 | Berliner TSC | Bln |
| 7 | 70:31 | Wohlrabe, Lutz | 62 | ESV Lok Berlin-Schöneweide | Bln |
| 8 | 83:31 | Kaminski, Jürgen | 69 | Treptower SV 1949 | Bln |
| 9 | 88:32 | Dalüge, Kai | 66 | SV IHW Alex 78 Berlin | Bln |
| 10 | 120:14 | Grassow, Thomas | 67 | Kaulsdorfer OLV | Bln |
| 11 | 135:03 | Boeck, Thomas | 66 | Kaulsdorfer OLV | Bln |
| H50- (9) 6,4 km 90 Hm 19 P | | | | | |
| 1 | 58:56 | Jandrig, Burkhard | 56 | SV IHW Alex 78 Berlin | Bln |
| 2 | 59:33 | Jürgens, Uwe | 57 | SV IHW Alex 78 Berlin | Bln |
| 3 | 61:51 | Graumann, Bernd | 61 | ESV Lok Berlin-Schöneweide | Bln |
| 4 | 63:58 | Blome, Hans-Peter | 52 | Berliner TSC | Bln |
| 5 | 68:02 | Käding, Bernd | 64 | Kaulsdorfer OLV | Bln |
| 6 | 71:32 | Charlet, Norbert | 54 | Kaulsdorfer OLV | Bln |
| 7 | 72:49 | Groß, Andreas | 60 | TOLF Berlin | Bln |
| 8 | 82:02 | Kapischke, Andreas | 62 | OK Mark Brandenburg | Bbg |
| 9 | 82:38 | Böhning, Uwe | 63 | USC Magdeburg | |
| H55- (5) 5,4 km 65 Hm 17 P | | | | | |
| 1 | 48:44 | Jensch, Fred | 59 | OK Mark Brandenburg | Bbg |
| 2 | 50:30 | Stutz, Daniel | 59 | OL Regio Wil | |
| 3 | 61:10 | Büchner, Siegfried | 57 | SV IHW Alex 78 Berlin | Bln |
| 4 | 73:53 | Wollenberg, Bernd | 48 | Berliner TSC | Bln |
| 5 | 126:45 | Schlöhlein, Helfried | 58 | OLV Potsdam | Bbg |
| H60- (2) 4,7 km 70 Hm 15 P | | | | | |
| 1 | 62:43 | Fillinger, Helmut | 45 | SV IHW Alex 78 Berlin | Bln |
| 2 | 65:43 | Herold, Rudolf | 52 | Kaulsdorfer OLV | Bln |

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| H65- (4) | | 4,7 km 70 Hm 15 P | | | |
| 1 | 57:25 | Kremer, Christian | 50 | ESV Lok Berlin-Schöneeweide | Bln |
| 2 | 70:29 | Güth, Hans | 42 | ESV Lok Dessau | |
| 3 | 104:55 | Ohk, Walter | 45 | USC Magdeburg | |
| | | Fehlst Thiel, Rolf | 43 | SV IHW Alex 78 Berlin | Bln |
| H75- (4) | | 2,7 km 35 Hm 8 P | | | |
| 1 | 35:42 | Schlittermann, Klaus | 34 | ESV Lok Berlin-Schöneeweide | Bln |
| 2 | 40:45 | Garbrecht, Dietmar | 38 | OLV Potsdam | Bbg |
| 3 | 41:08 | Baujard, Yves | 34 | SV IHW Alex 78 Berlin | Bln |
| 4 | 74:21 | Lemnitzer, Eberhard | 37 | Kaulsdorfer OLV | Bln |
| Beginner Kurz (7) | | 1,9 km 10 Hm 6 P | | | |
| 1 | 13:46 | Cieslak, Christian | 83 | Volkssport Potsdam | Bbg |
| 2 | 23:02 | Ottenbreit/Fleischmann, Uwe+Alexander | | Volkssport Berlin 7 | Bln |
| 3 | 27:06 | Dost, Anton+Anna | 09 | NaturFreunde Neukölln | Bln |
| 4 | 27:23 | Spengler, Jan | 11 | ESV Lok Dessau | |
| 5 | 35:18 | Sturm/Lehmann | | Volkssport Berlin 1 | Bln |
| 6 | 37:57 | Jobst, Ivonne | 75 | Kaulsdorfer OLV | Bln |
| 7 | 52:27 | Fiedler-Wolf, Andrea | 75 | Kaulsdorfer OLV | Bln |
| Beginner Lang (13) | | 4,2 km 65 Hm 10 P | | | |
| 1 | 30:30 | Bringezu, Dirk | 69 | OLV Potsdam | Bbg |
| 2 | 35:40 | Leutloff, Alexander | 94 | TSV Griebö | |
| 3 | 37:47 | Reiher, Frank | 74 | Volkssport Berlin 4 | Bln |
| 4 | 41:31 | Mastrantonio, Pia | 82 | Volkssport Berlin 6 | Bln |
| 5 | 44:50 | Fiedler, Falk | 74 | Kaulsdorfer OLV | Bln |
| 6 | 52:10 | Grassow, Petra+Julia | | Kaulsdorfer OLV | Bln |
| 7 | 52:43 | Rentsch, Antje | 66 | Volkssport Magdeburg | |
| 8 | 54:16 | Rudert, Bettina | 73 | SV IHW Alex 78 Berlin | Bln |
| 9 | 55:09 | Ulbrich, Georg | | Club 19 Potsdam | Bbg |
| 10 | 57:42 | Siebert, Jacqueline | 67 | OLV Potsdam | Bbg |
| 11 | 57:47 | Liang, Tai-yu | 99 | Volkssport Berlin 3 | Bln |
| 12 | 61:22 | Kalkbrenner, Petra | 69 | OLV Potsdam | Bbg |
| 13 | 70:57 | Herold, Silke | 87 | Kaulsdorfer OLV | Bln |